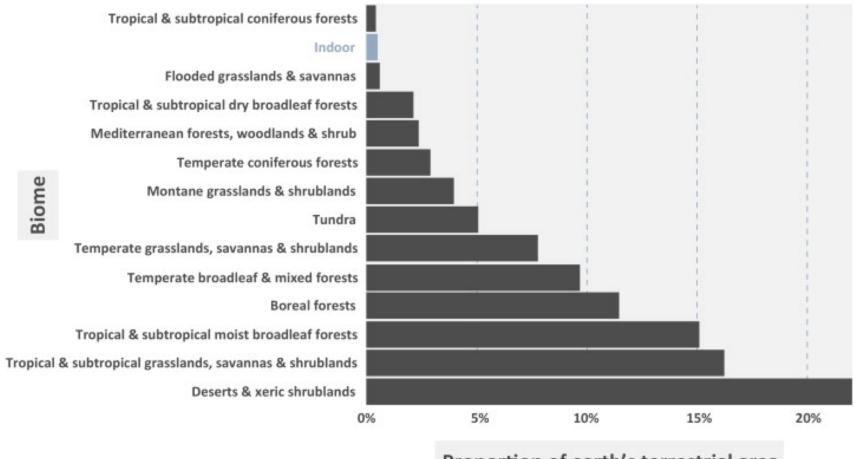


THE MAN WHO
THE PHIS OWN
TOUCHEPHIS OWN
TOUCHEPHIS ONN
HEART

NEVER OUT OF SEASON



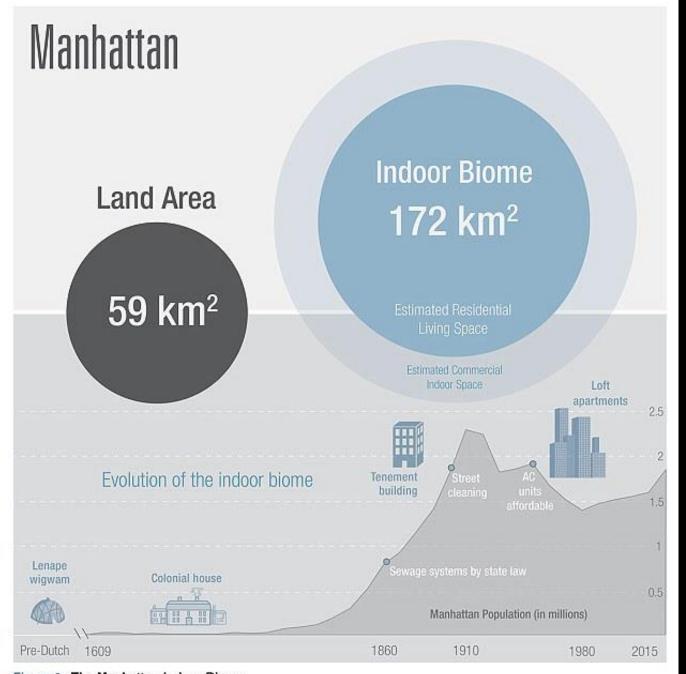


Figure 2: The Manhattan Indoor Biome
Reproduced from "Evolution of the Indoor Biome" in TRENDS in Ecology & Evolution 2015



What should live with us in our homes?



# So what do we live with?



#### So what do we live with?







#### Subtropical rain forests to tundra

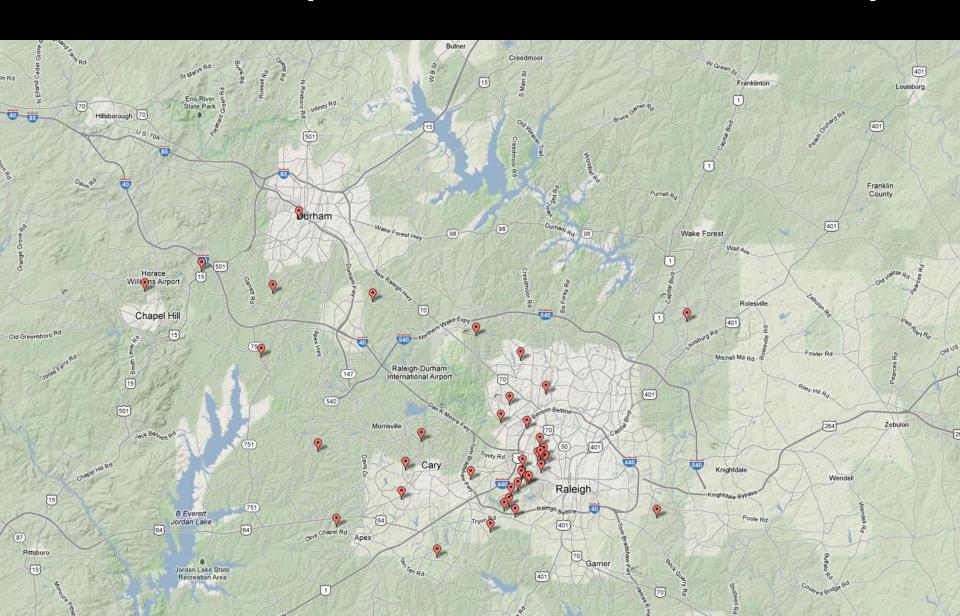








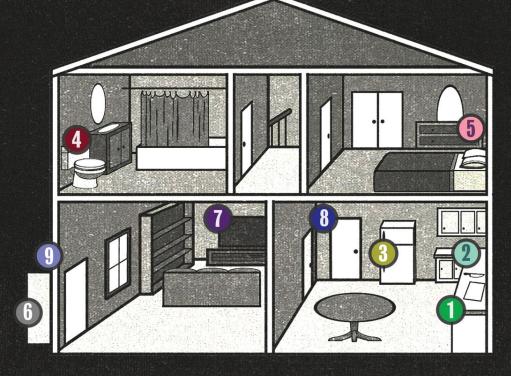
#### (An Example) 40 houses, one city



### 9 STANDARDIZED LOCATIONS SAMPLED PER HOME

- CUTTING BOARD
- KITCHEN COUNTER
- REFRIGERATOR
- TOILET SEAT
- PILLOWCASE

- DOOR HANDLE
- TV SCREEN
- INTERIOR DOOR TRIM
- EXTERIOR DOOR TRIM



### 9 SURFACE HABITATS



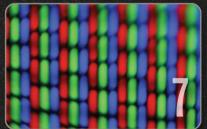
















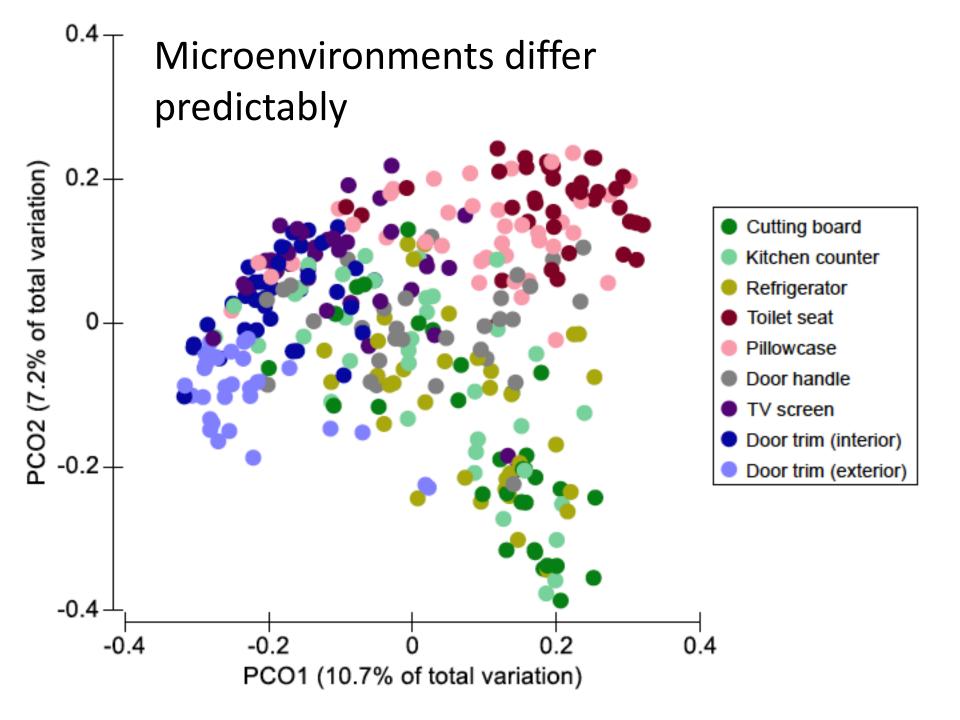




#### 1000s of species of bacteria

not to mention the rest of life

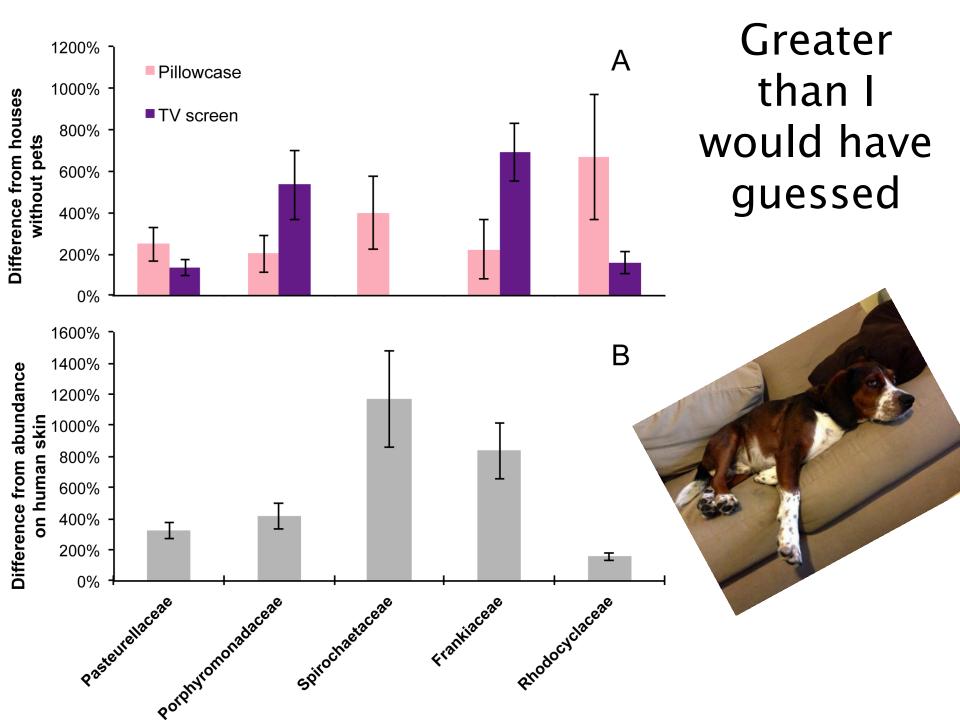






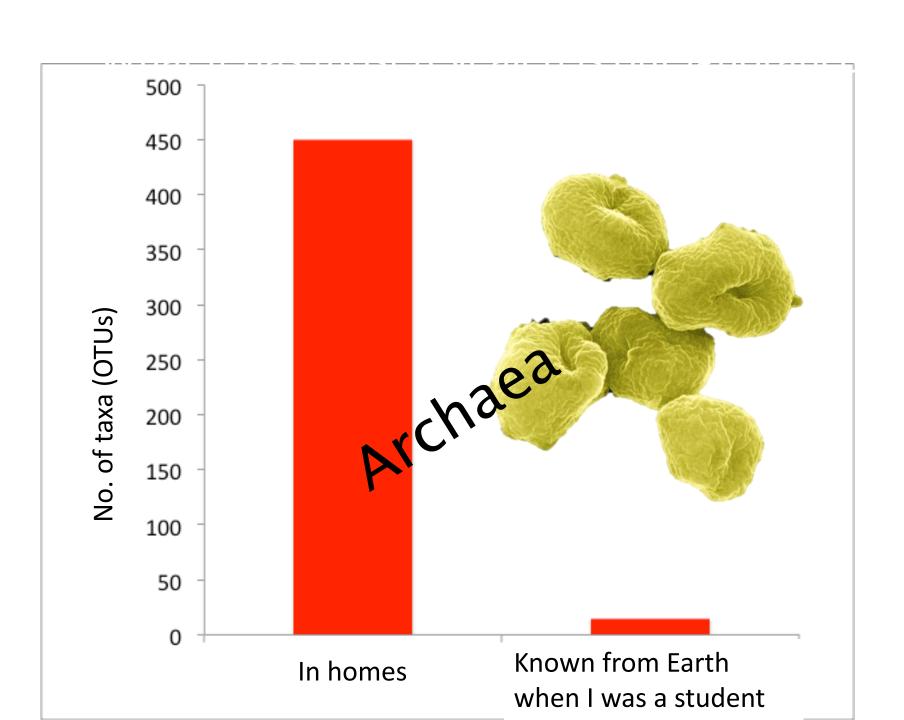
### The consequence of poodles?

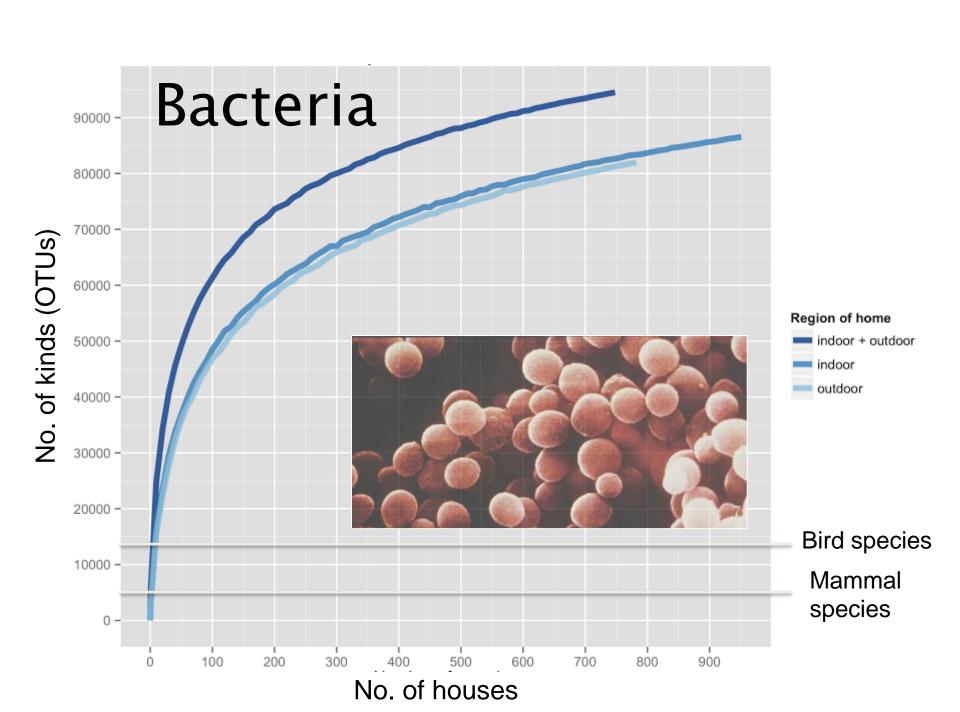


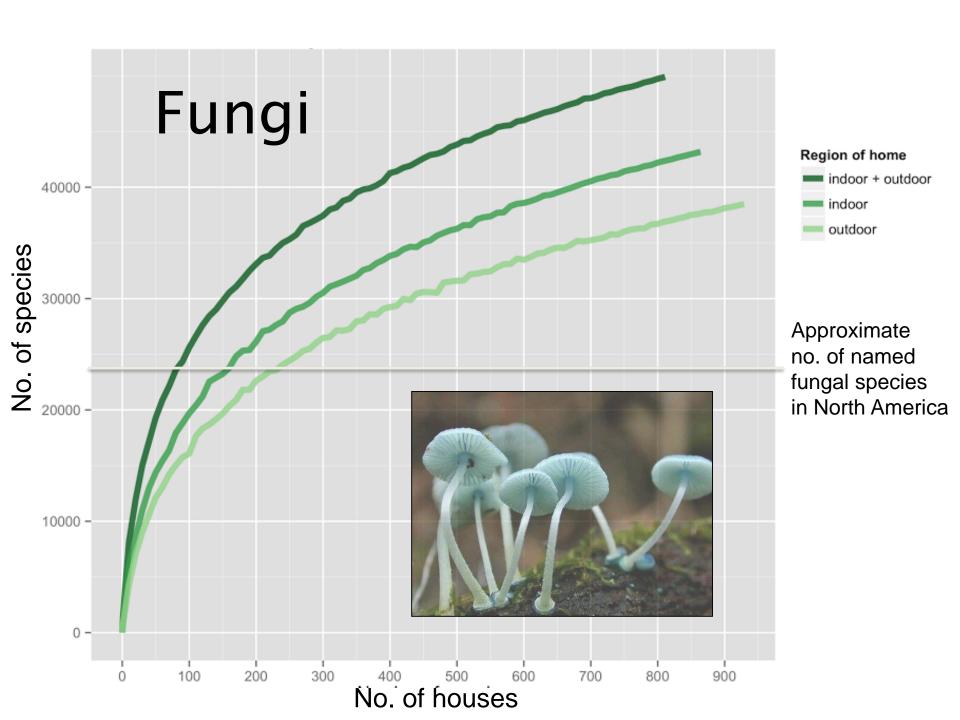


#### What influences house microbes?

- Ratio of women to men
- The types of pets (yes cats matter too)
- The food you eat (especially live food)
- Ventilation
- But there is something more, much more really...







#### **Animals**



There is a grandeur in this life.

#### Except for fleeting moments in surgical arenas...

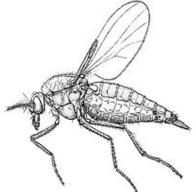
- Sterile conditions do not exist.
- Air is full of life
- Band aides are covered in life
- Clothes IN the laundry are covered in life
- Dispensers of antimicrobials are covered in life
- The key is favoring good, disfavoring bad.

#### What is Good? What is Bad?



Martin Oegerlli

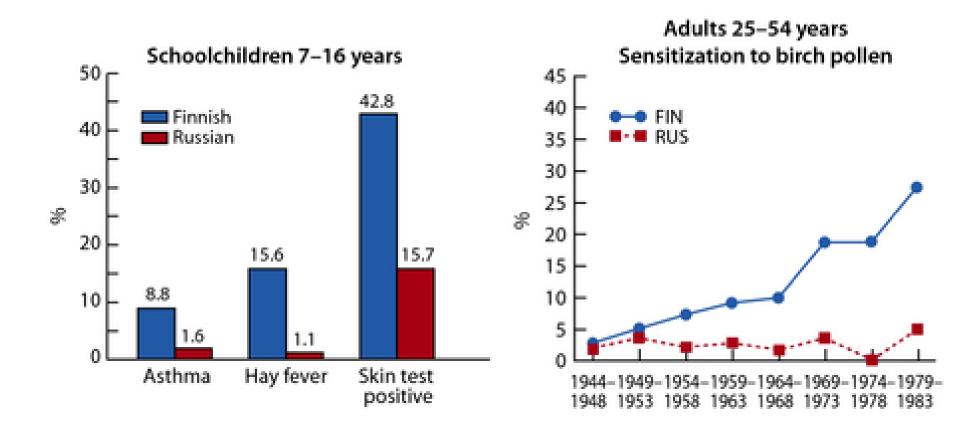




## Something in Russia is Good (something in Finland is bad, or has gone missing)

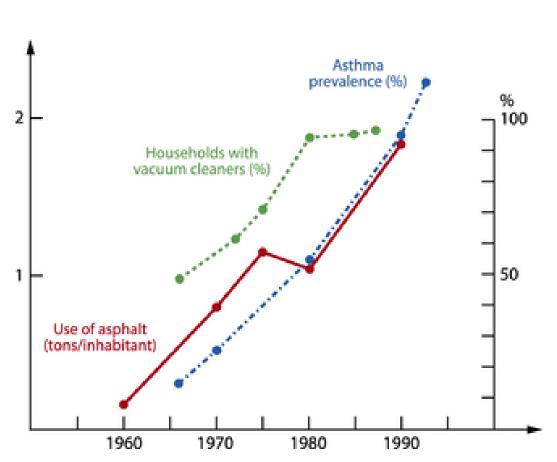


#### An example comparison



#### **Evolutionary Mismatch**

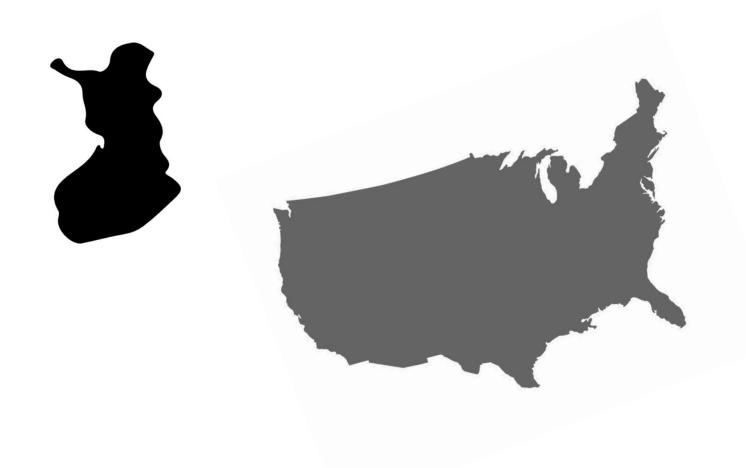






#### **Clinical & Experimental Allergy**

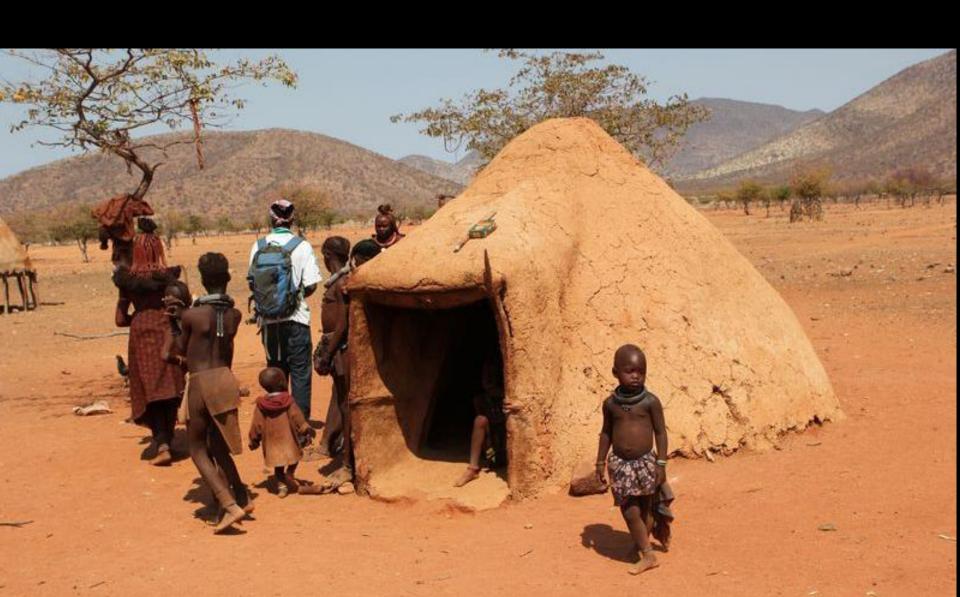
A hypothesis: More diversity is good, we have lost diversity, we have also lost specific beneficial species



# A hypothesis with specific, untested predictions about traditional homes

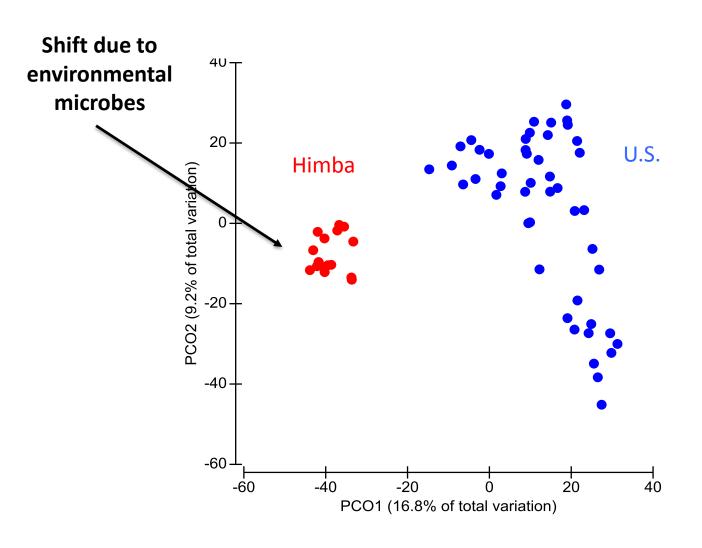


### The Himba of Namibia

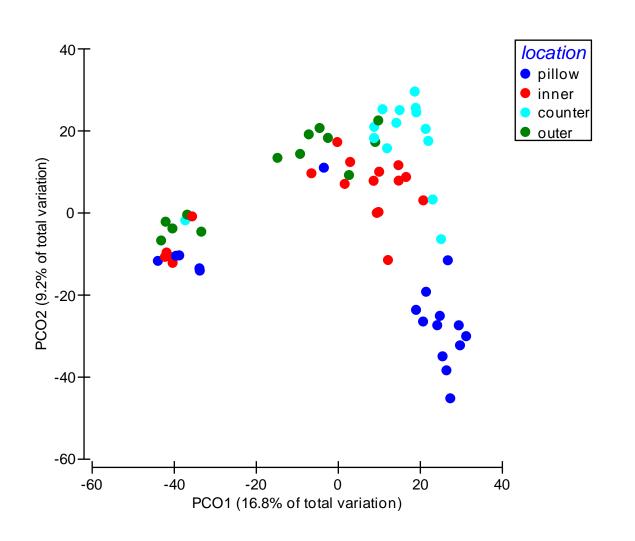


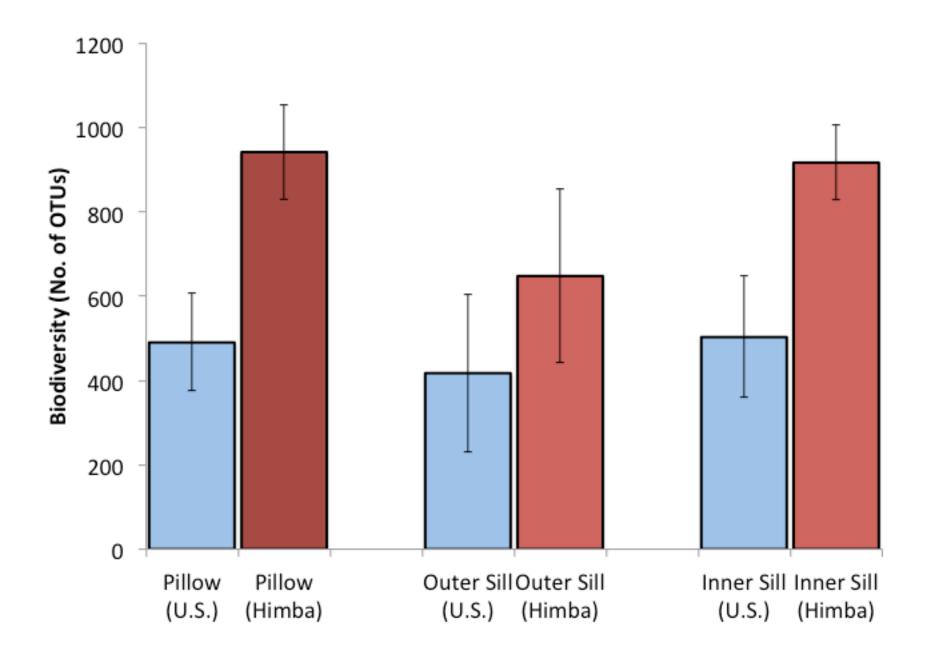


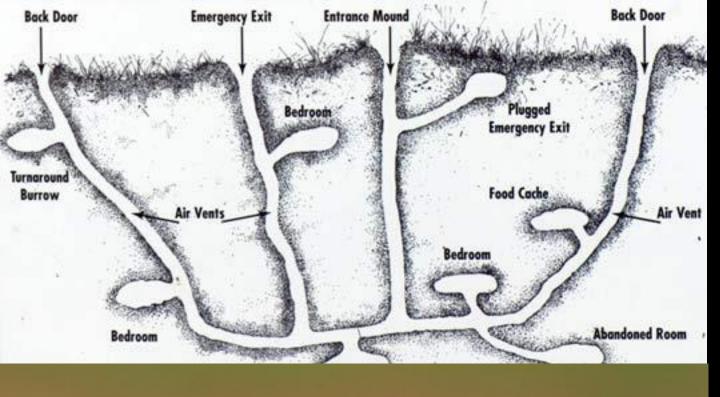
# Modern Himba vs Modern U.S. (which is like Finland)



### Modern Himba vs Modern U.S.



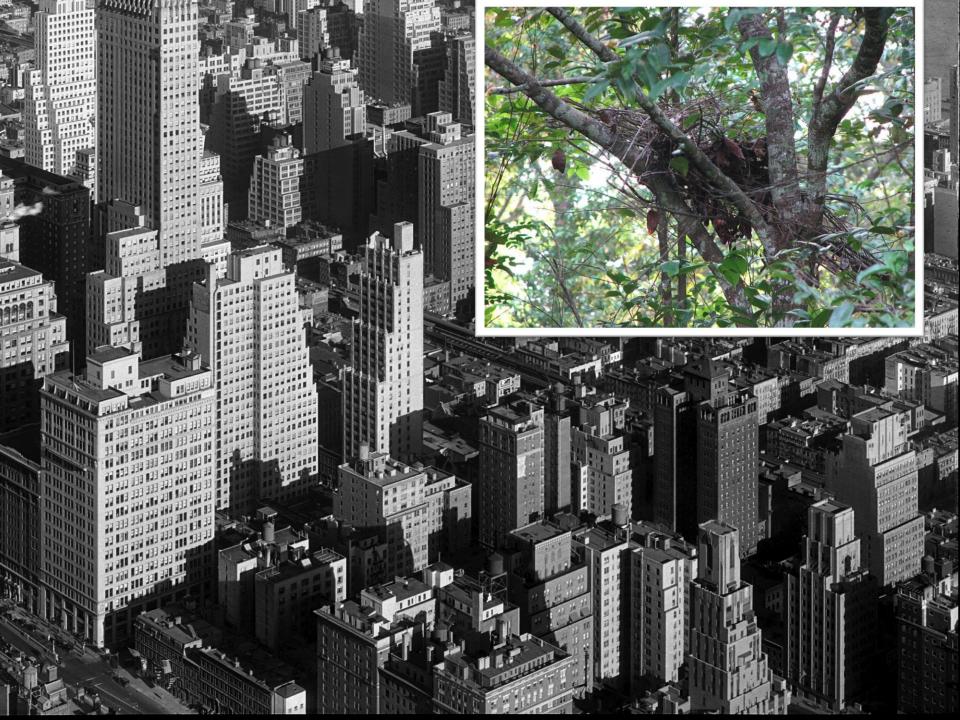




How does
this
compare to
the homes
of our
relatives?











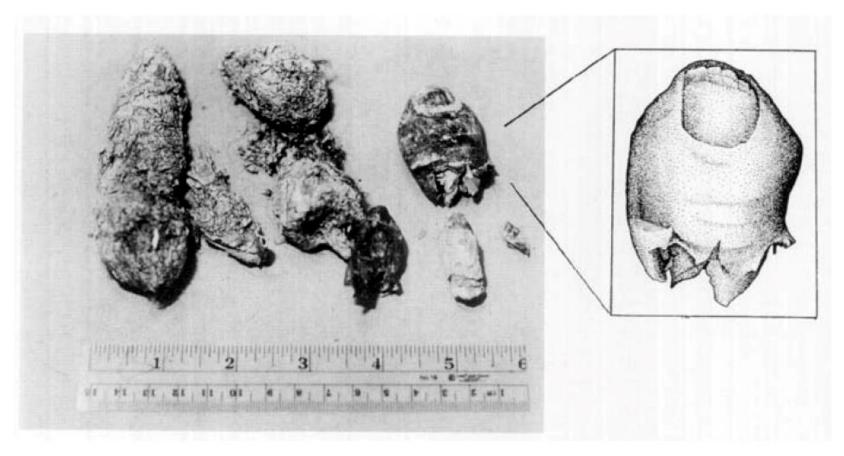


Figure 1. Photograph of leopard scat with enlarged sketch of pedal digit I.

Fay et al. (2005)

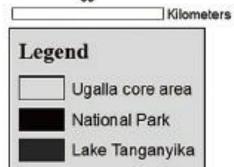


# Gombe National Park Mahale Mountains National Park

### Western Tanzania



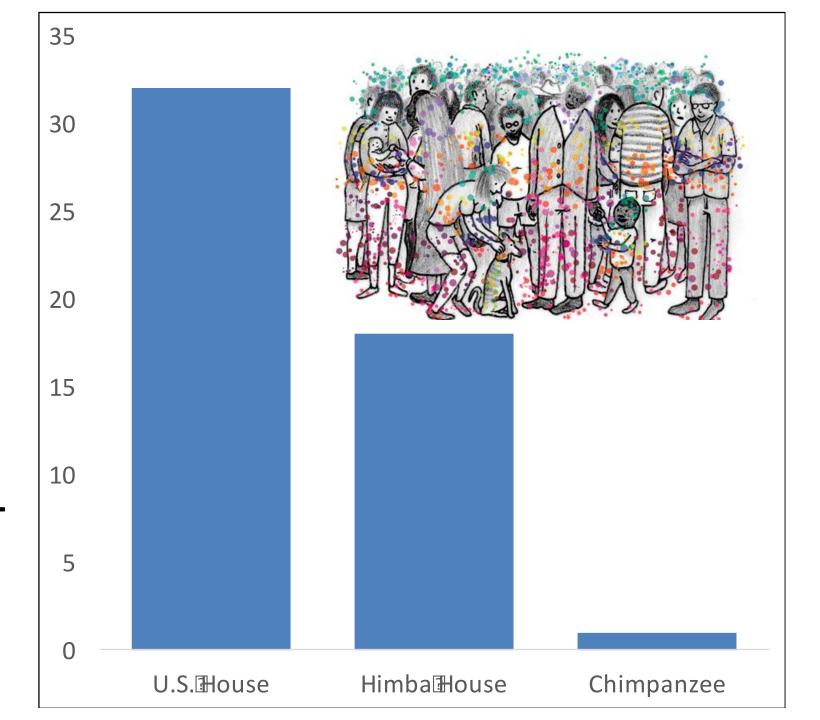




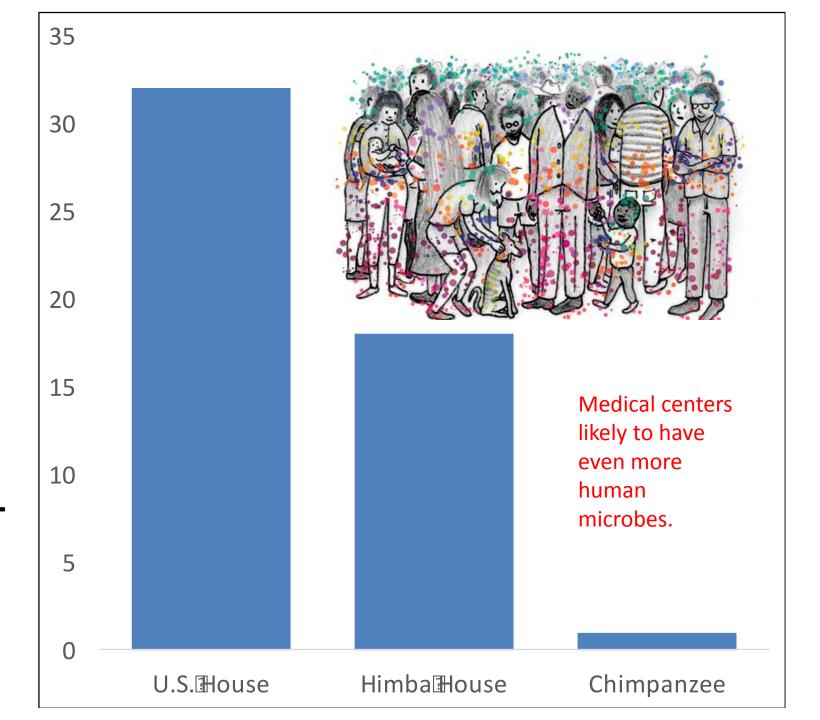




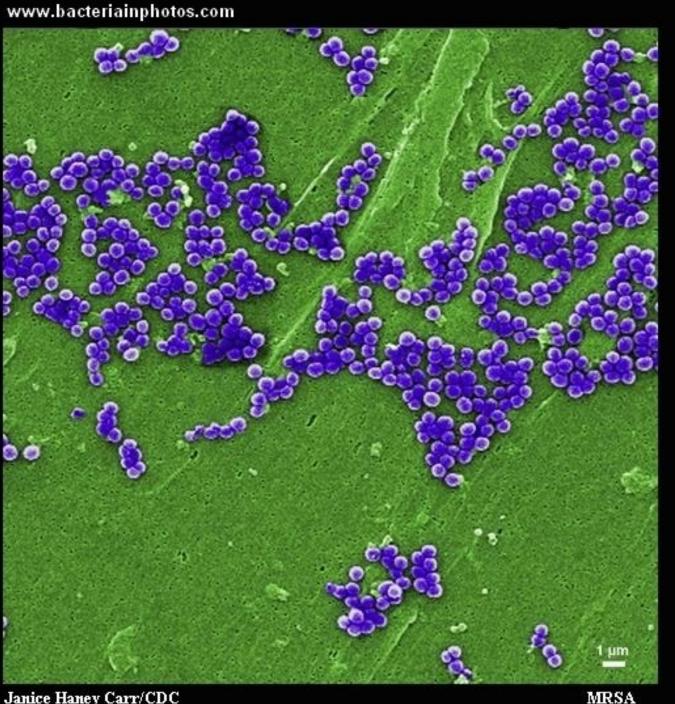
# Proportion from bodies



# Proportion from bodies







Every day you breathe in thousands of species. In addition, you fail to be exposed to most of the species your ancestors breathed in and slept on. Some of each group can kill you. Most are benign. Some you depend upon for life and we really can't distinguish these three groups yet.



## >200,000 species

(which is to say, we have mostly revealed our ignorance)



The Bad

- To get rid of bad
  - Vaccinate
  - Wash Hands

- To avoid favoring bad
  - Don't overuse antibiotics
  - Don't use antimicrobials
  - Don't use antimicrobials!



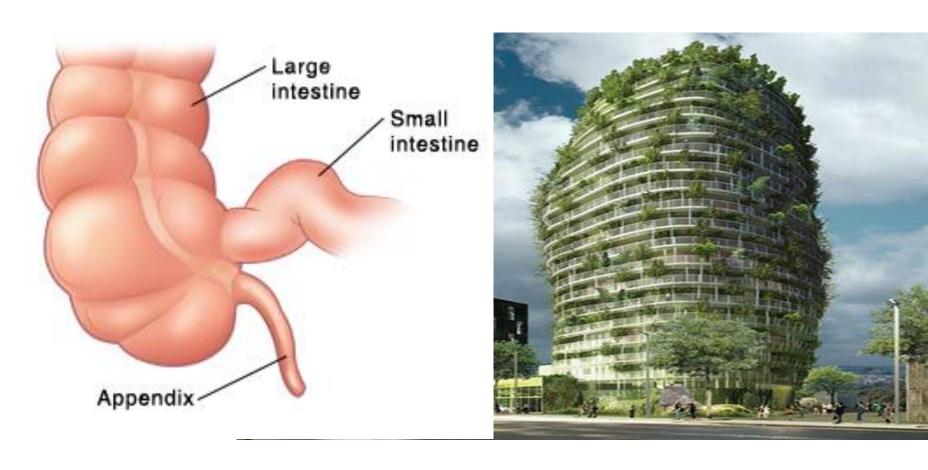
### Take Home

- We imagine our houses to be sterile
- They are full of hundreds of thousands of species
- Most of those species are not well studied (or studied at all)
- Overuse of antibiotics, use of antimicrobials favors BAD species
- Favoring beneficial species will take MUCH more science

# Should we redesign the indoors?



## Appendix (as garden)



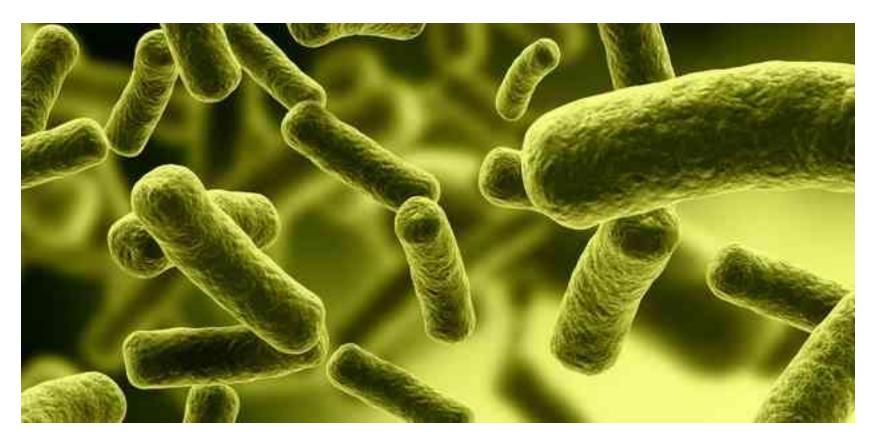
Similar stories for microbes in armpits, vaginas, guts, and stomachs.

### Colobus Monkey Colobus abyssinicus African Elephant Adult Loxodonta africana Human Homo sapiens Filter Filter Insectivorous Bat Filter Myotis lucifugus Filter Chicken Gallus domesticus **Red-Tailed** Filter Hawk Turkey Buteo jamaicensis **Vulture** Cathartes aura 6 Filter Filter 5 B BC stomach pH BCD CD D D obligate facultative generalist omnivore specialist herbivore herbivore carnivore carnivore (hindgut) (foregut) scavenger scavenger

# Stomach filte

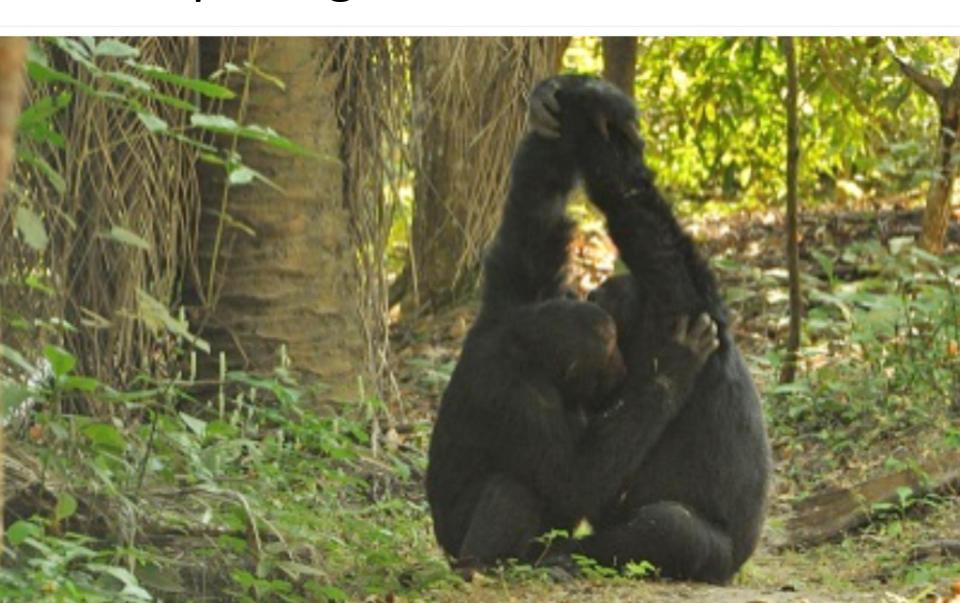
Also, see gastric bypass, proton pumps and age.

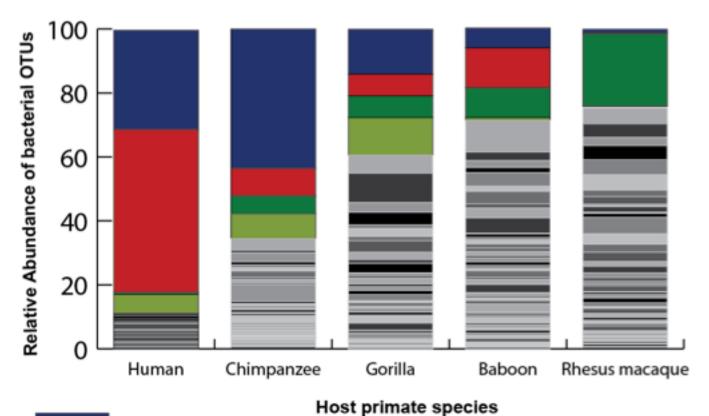
### Large Intestine as Selective Benefactor

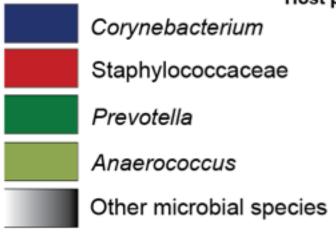


**Bacteroidetes** bacteria, which host nitrogen (in mucin) feeds in order to help break down complex carbohydrates. Work by Aspen Reese.

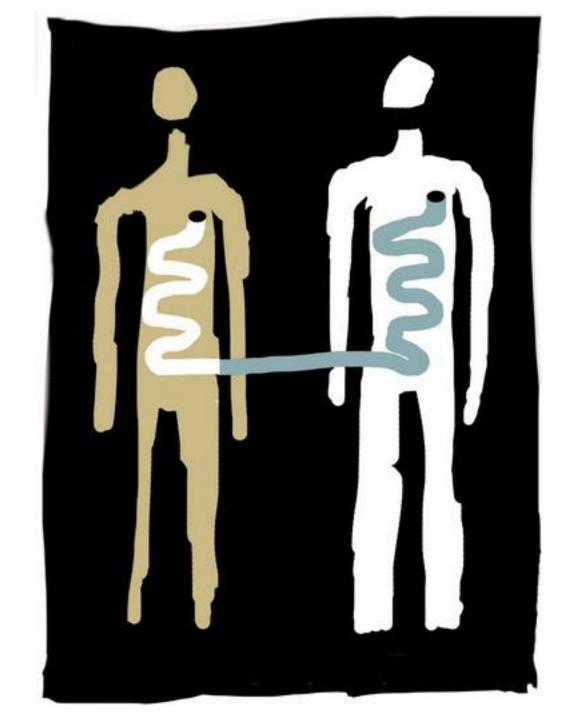
# Armpit Organ as Food and Home







The body is sophisticated in its microbial control. We are not sophisticated (yet) in our interventions.



The parable of the fecal sandwich



The parable of the dirt sandwich



# The parable of the open window

1 in 10 Americans spends at least a night in the hospital each year

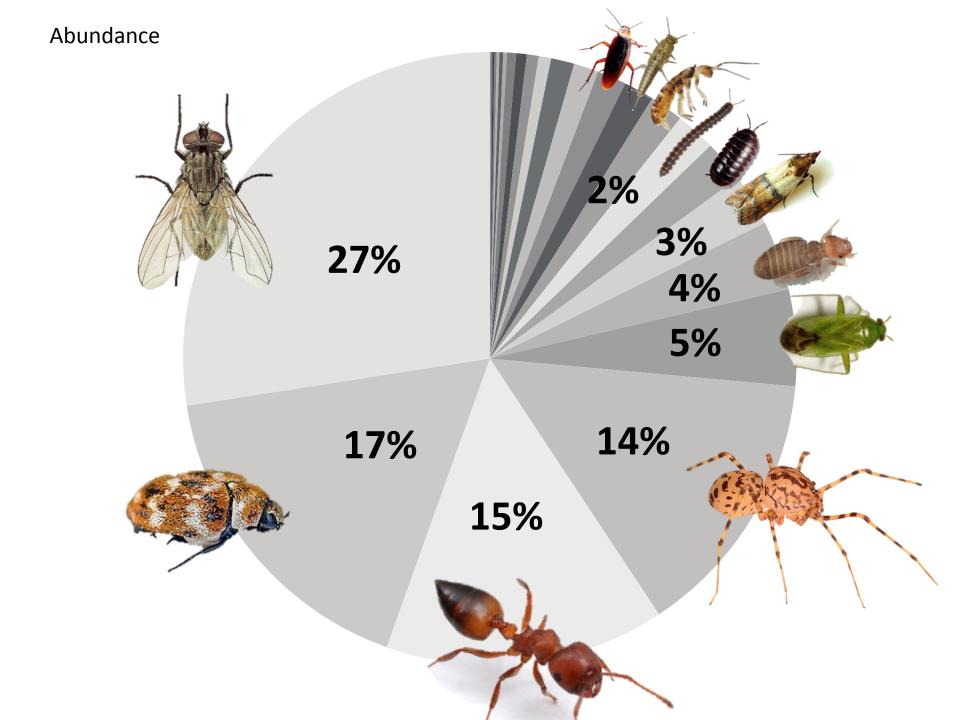


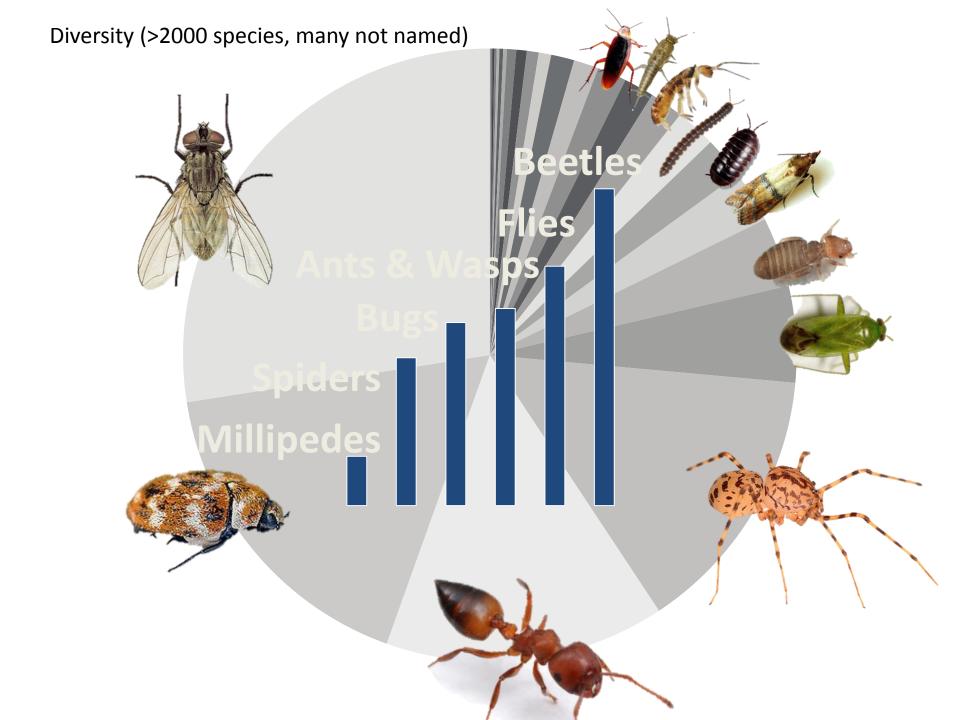
A twist on which species benefit us?



More than 2000 species



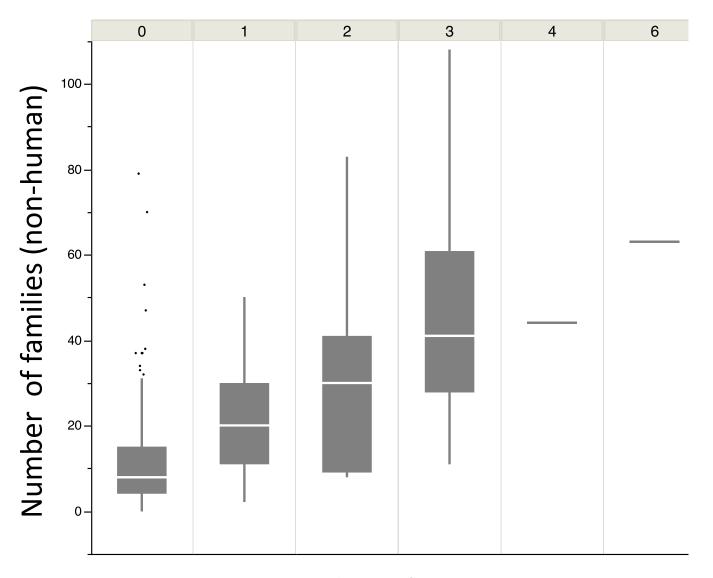






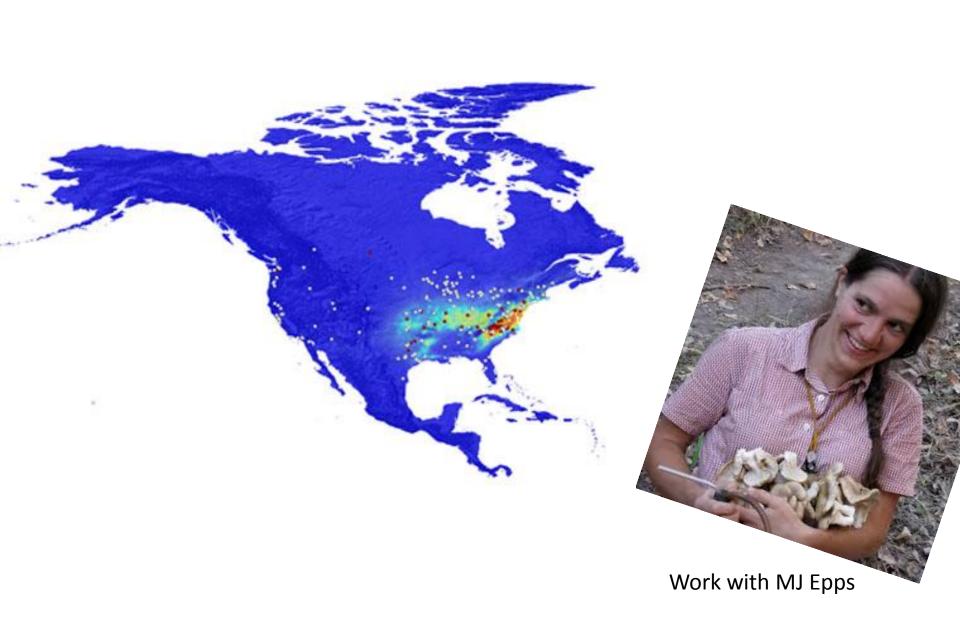


# **More Doors** = more traffic in and out and it also means more kinds of insects



**Number of Doors** 

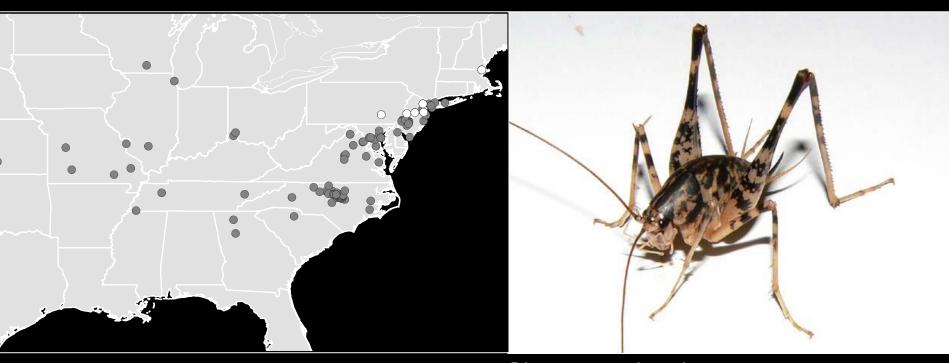








# Another species?



Diestrammena japanica

#### What Good is It?









La Constitution 1	Total 78%	
Lignin	37,5	
Saccharine acids (hemicelluloces)	22,6	
Aliphatic acids (lignin, carbohydrates)	14,4	
Fat and resinous acids (extractives)	0,5	
Polysaccharides (celluloce and hemicelluloces)	3,0	

#### Low odds

 4 bacteria species on Earth break down lignin (none super well).

#### Low odds

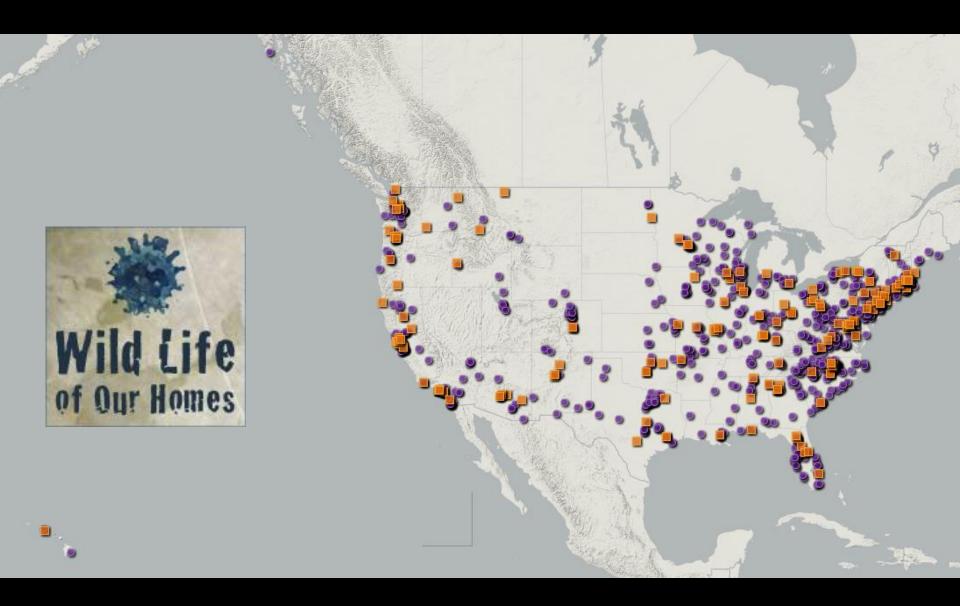
- 4 bacteria species on Earth break down lignin (none super well).
- We found an additional 8 species that break down lignin, IN AN ACID BATH!

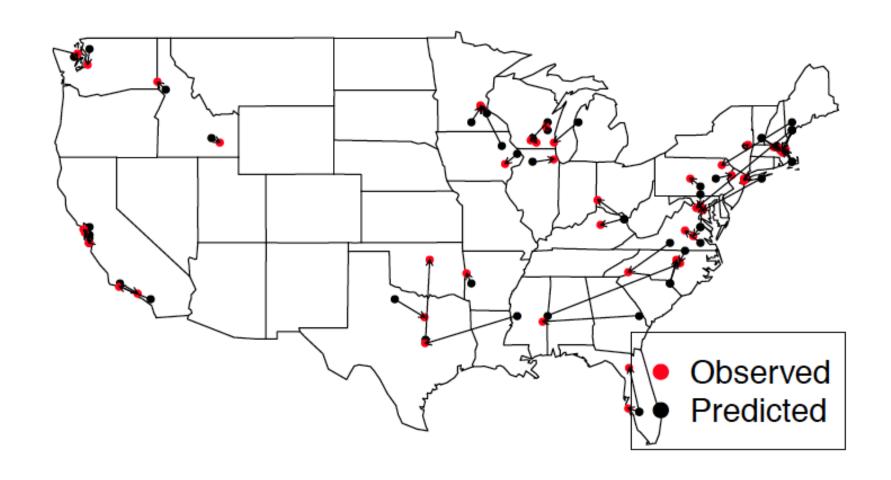












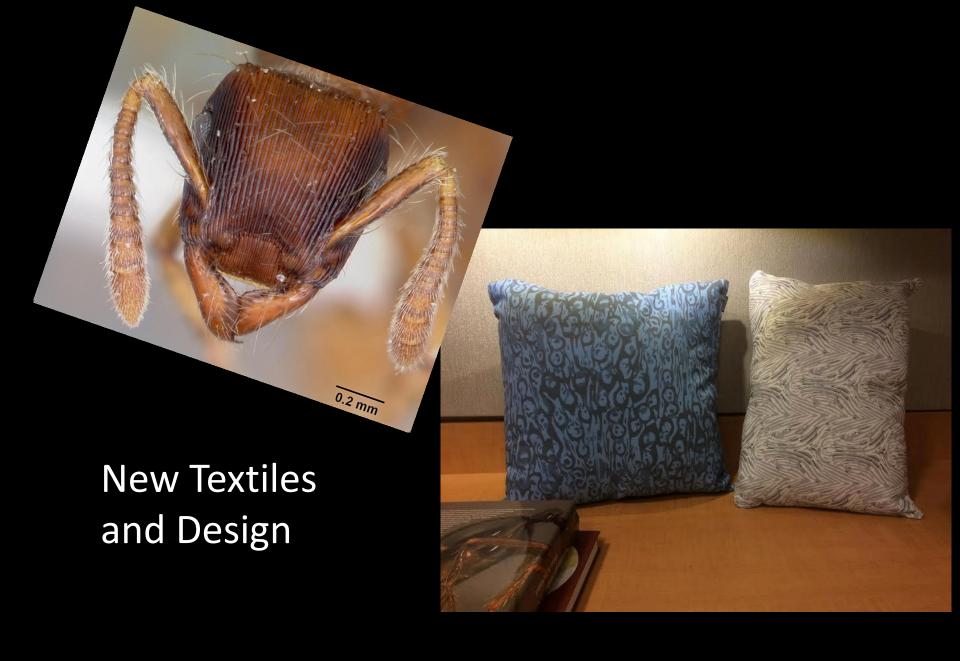
#### Improvised Explosive Devices





# Probiotics





Note: We looking for more textile & design partners)

#### And we have a bunch more examples





Here we confront the astonishing potential value of the species we haven't yet studied. Species we can sometimes find and study in homes (around the world) but that we need to conserve wherever they might be.

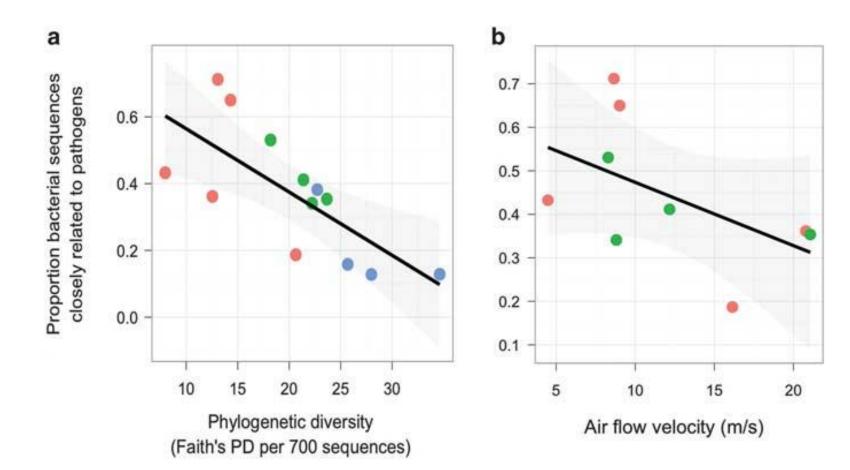


But can't you name at least one household microbe that we know is good?

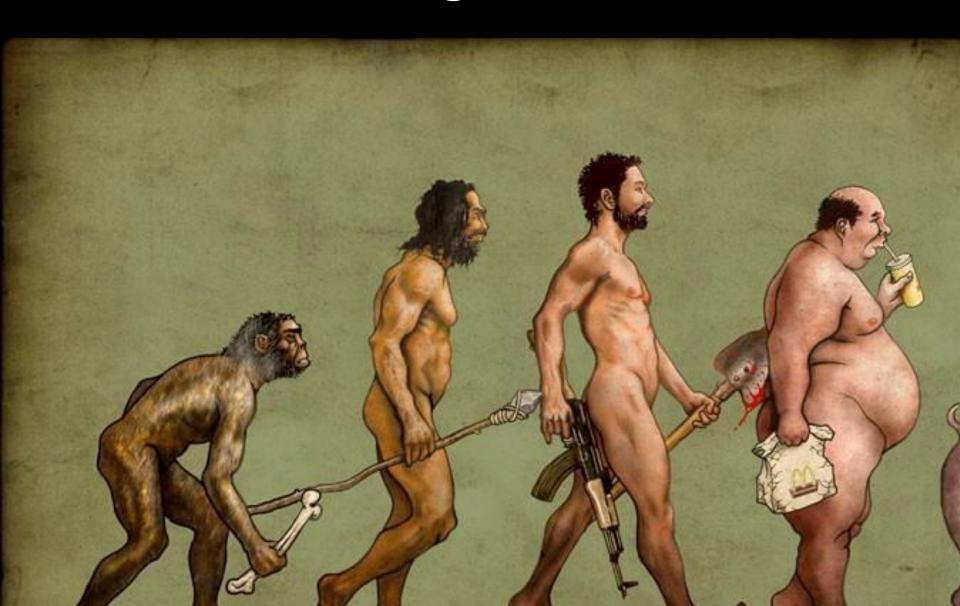


### Food (the end)





### Our Shifting Associations



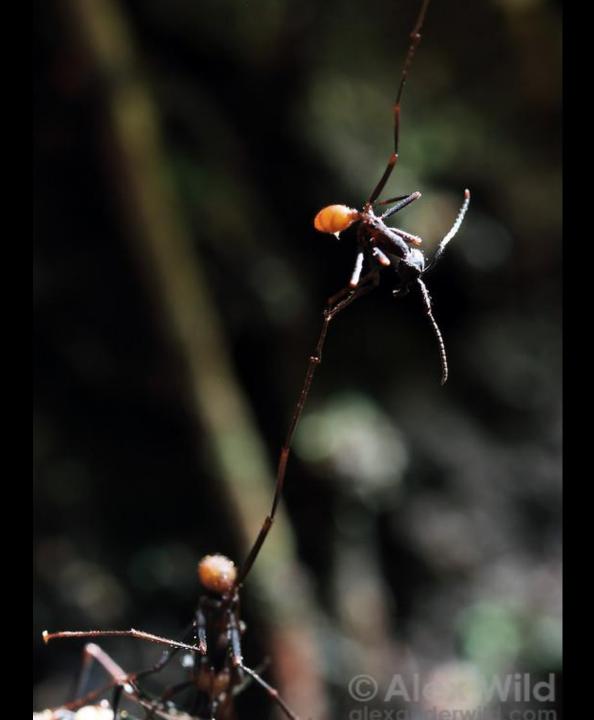














#### But Immortality has Costs







Vatesus rove beetle, skimming off society's margins, the urban coyote of ant civilizations





# of Gult Microbes, Parasites The largest animal association centered on one specific ant Eciton burchellii and its more than 300 association

C. W. Rettenmeyer · M. E. Rettenmeyer ·

J. Joseph · S. M. Berghoff

Received: 5 May 2010/Revised: 28 July 2010/Accepted: 21 © International Union for the Study of Social Insects (IUS

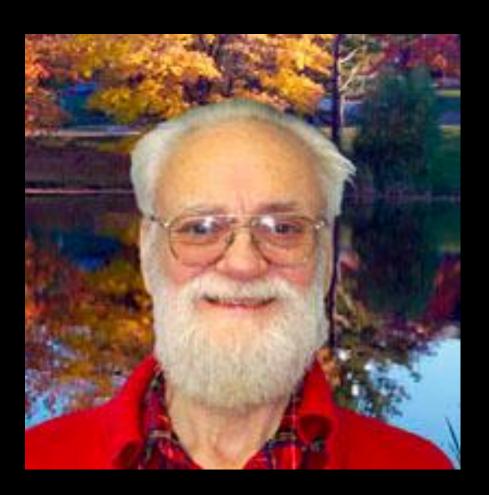
Abstract As possibly two of the last true TO SAY THIS IS ILIST. Rettenmeyer and his wife Marian dedicate study of army ants and their associate 55 years, the Rettenmeyers were mainly to the Central America dreds of self-collected same of other scientists, who It comes as no surp became the

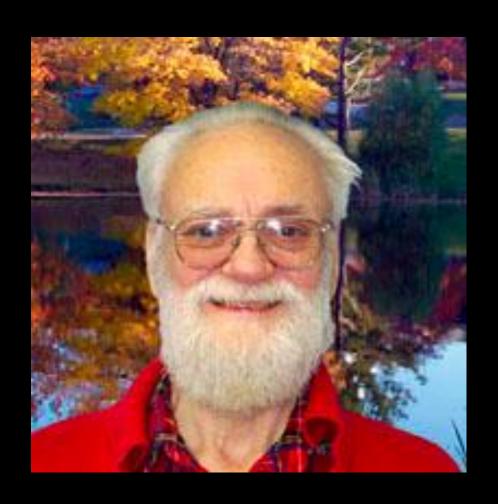
#### Introduction

Army ants are functionally defined by sharing a suite of lifehistory characteristics: they are carnivorous and raid for

hropods · Tropical ecology · Biodiversity

Myrmecophiles · Ant guests · Symbiosis ·





He was alive!

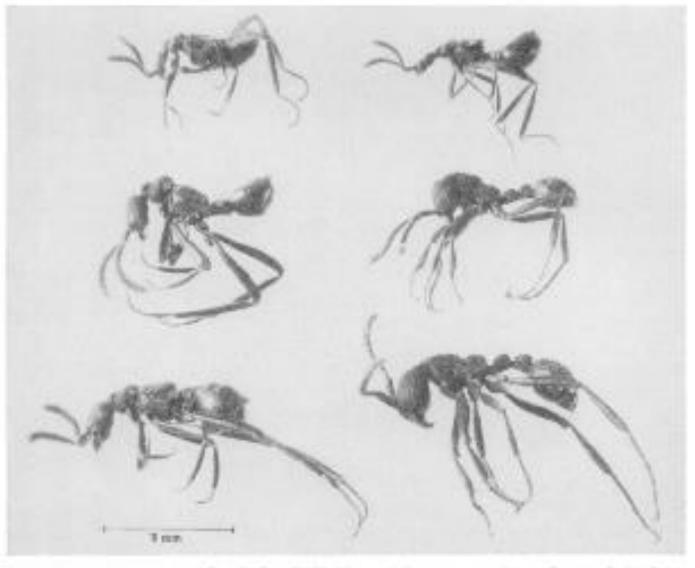
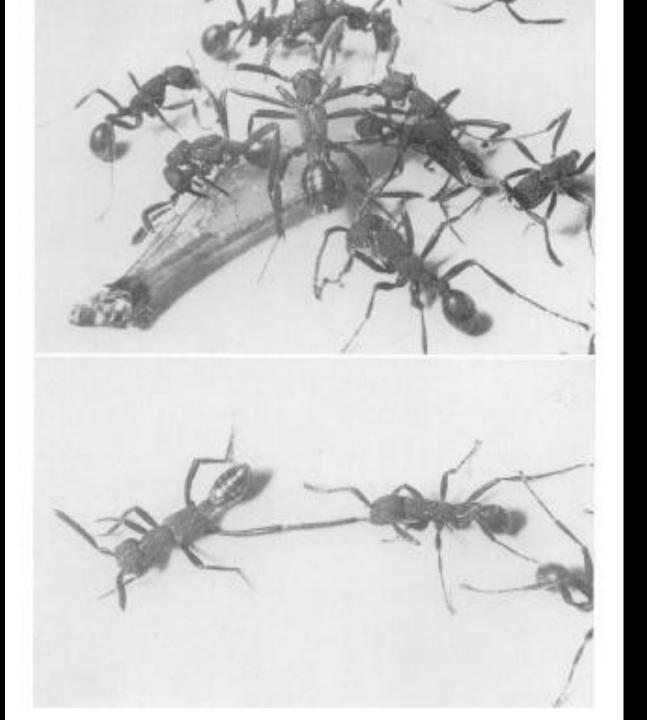
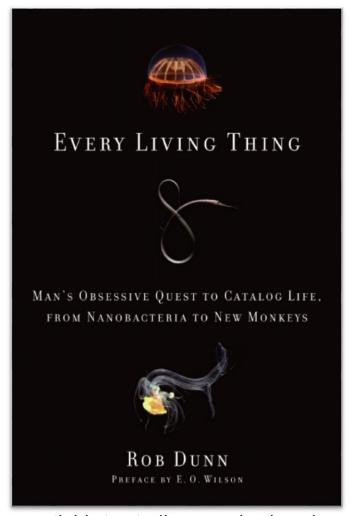


Fig. 9. Three species of Staphylinidae with two workers from their host colony, Neivamyrmex sumichrasti. The reddish black color and the punctation on the head and thorax of these beetles closely resemble those of its host. Upper left: Ecitotima miriventris Seevers, showing long process of third and fourth segments of abdomen (first and second "gaster" segments) extending anteriorly to front coxae. Upper right: Ecitosius gracilis Seevers. Lower left: Male and female Ecitosius robustus Seevers.



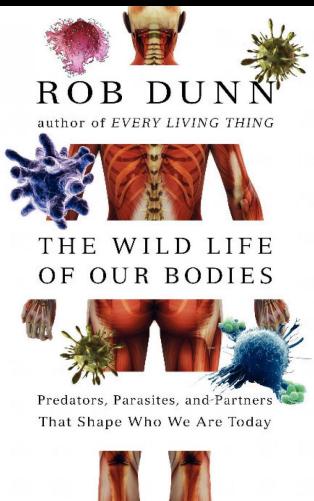


#### rrdunn@ncsu.edu



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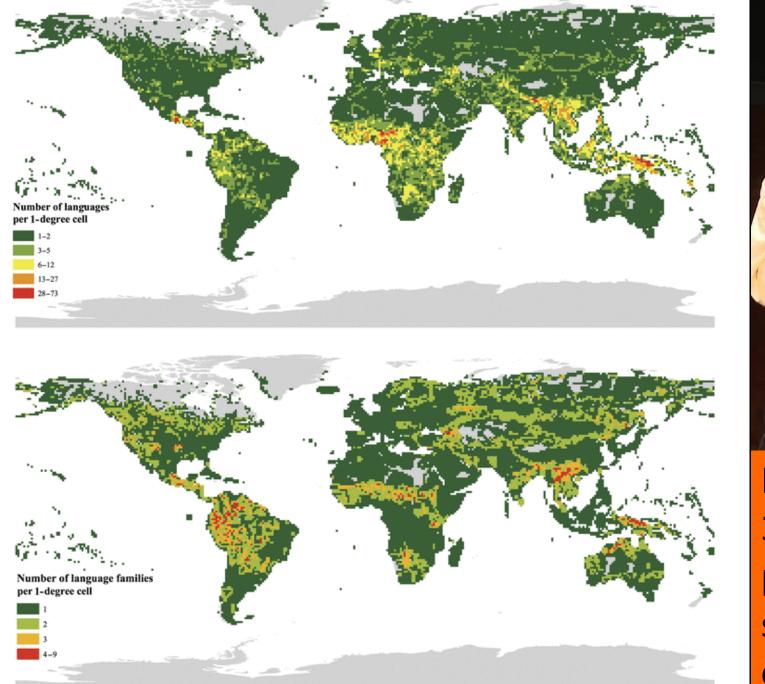
Alexis Rockman

Available in Kindle, Paperback and Hardcover on Amazon











Roughly
30,000
plant
species
consumed

### **Centers of Diversity** Wheat Cacao Rice Coffee Cassava Bananas

## Regional simplification, global diversification (700 species, 1,000,000 varieties)

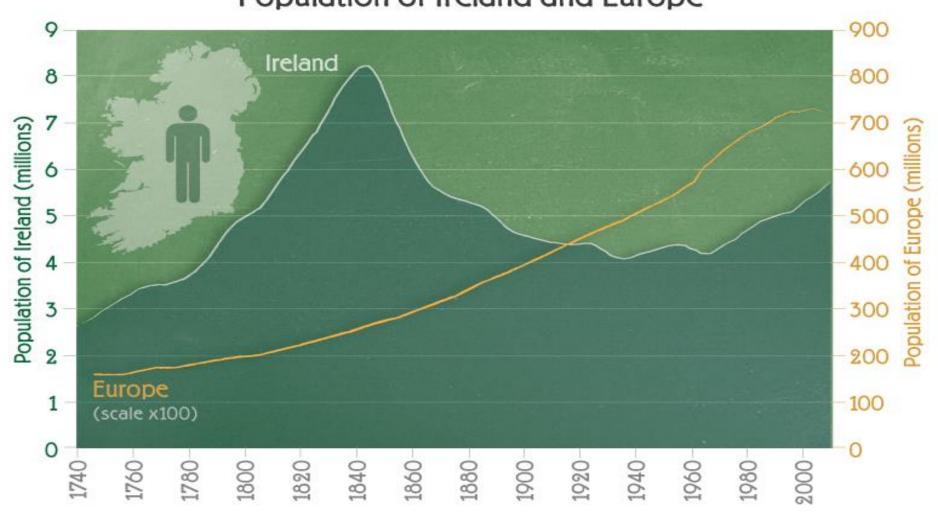


## Global Simplification Begins (and was inevitable)

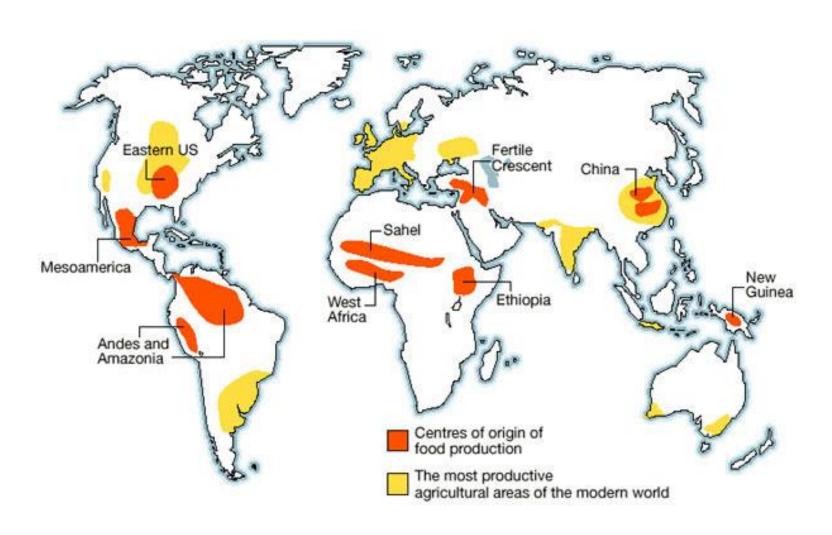




#### Population of Ireland and Europe

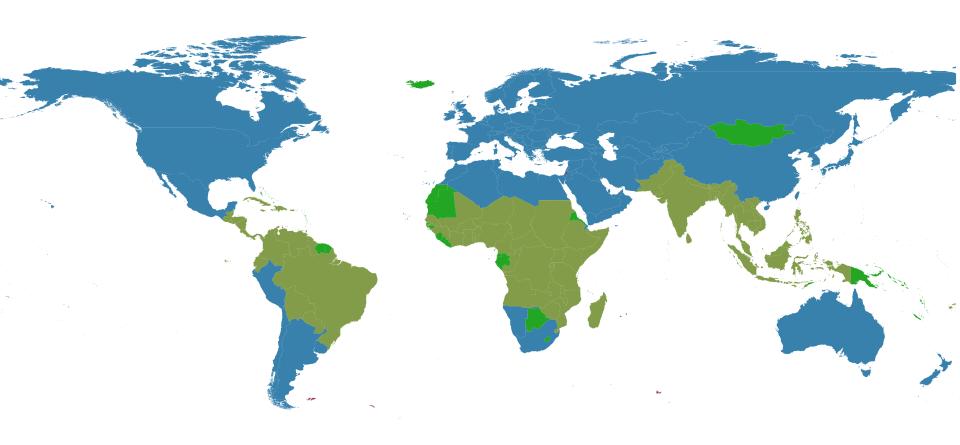


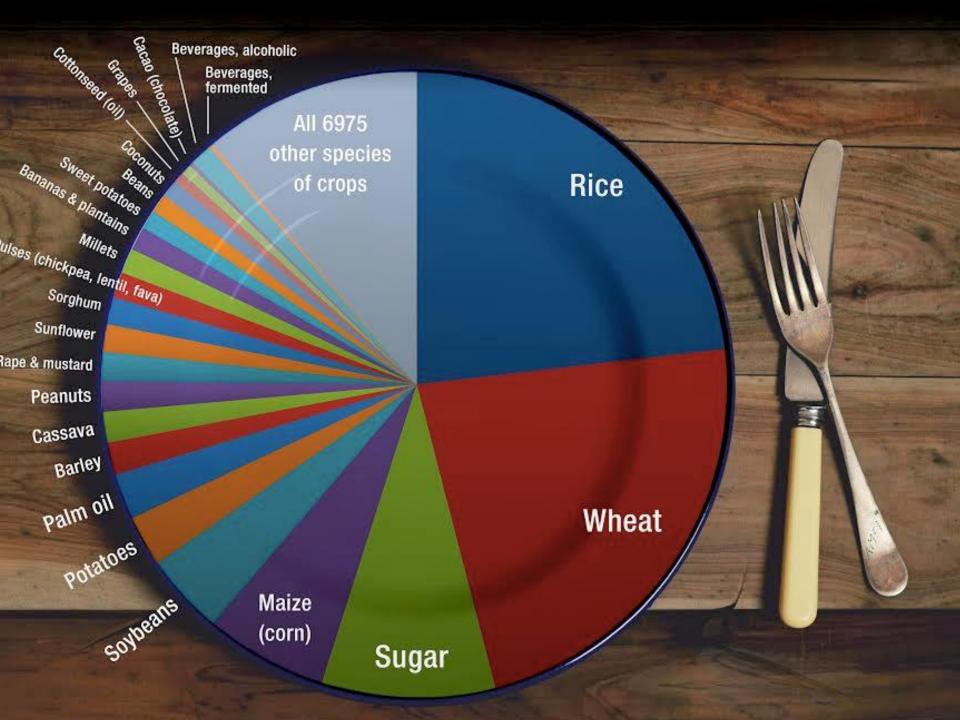
## Most food is produced in yellow regions, by few varieties, despite the consequences





#### Crop biogeographic regions (2010)









### NEVER OUT OF SEASON

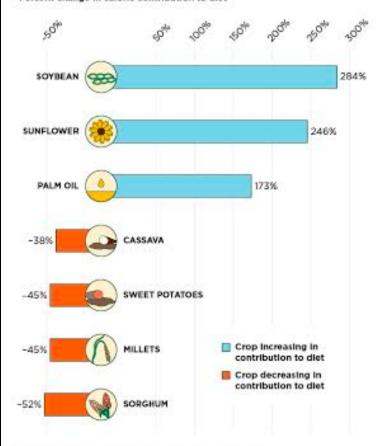
How Having the Food We Want
When We Want It
Threatens Our Food Supply
and Our Future

**ROB DUNN** 

Over the last 50 years, the global diet has shifted dramatically, including greater amounts of major oil crops and lesser quantities of regionally important staples.

Average change in the calories from crops in national diets worldwide, 1961-2009

Percent change in calorie contribution to diet



**NEVER OUT OF** SEASON How Having the Food We Want When We Want It **Threatens Our Food Supply** and Our Future **ROB DUNN** FEF BEST BEFORE

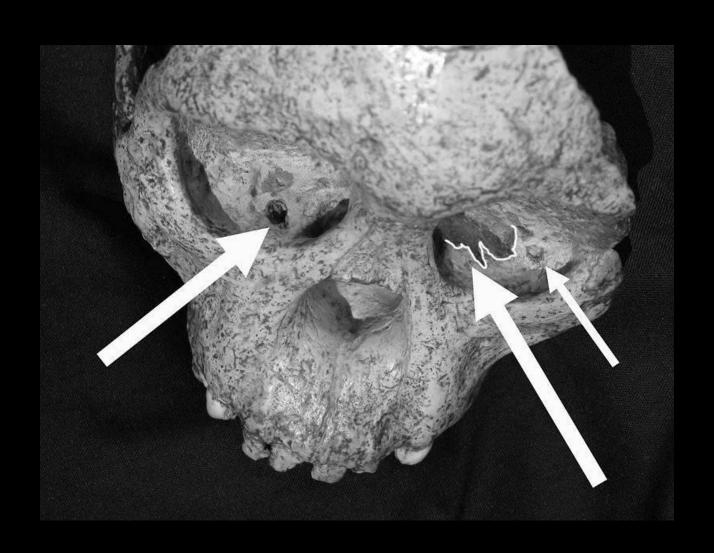
Source: Khoury et al. 2014. Proc. Natl. Acad. Sci. USA.

#### For food species...

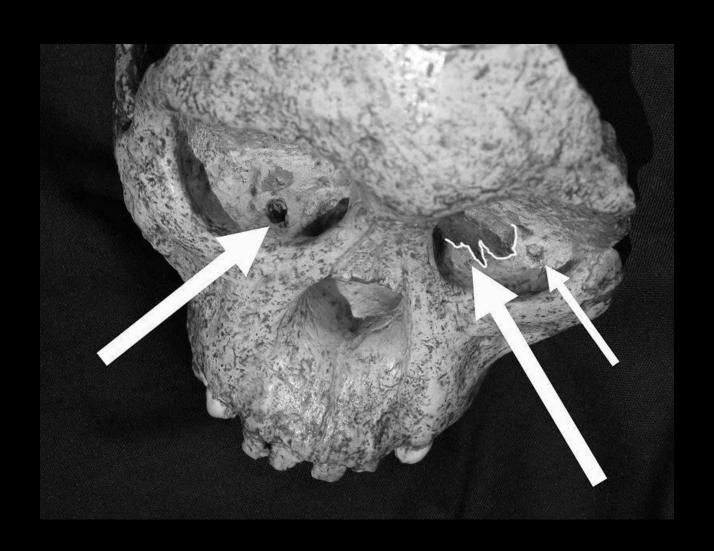
we have created, are creating, a world in which while individuals may consume many plant species, that the vast majority of calories come from very few species that we farm in order to produce sugar, fat, and protein (rather than the foods themselves).



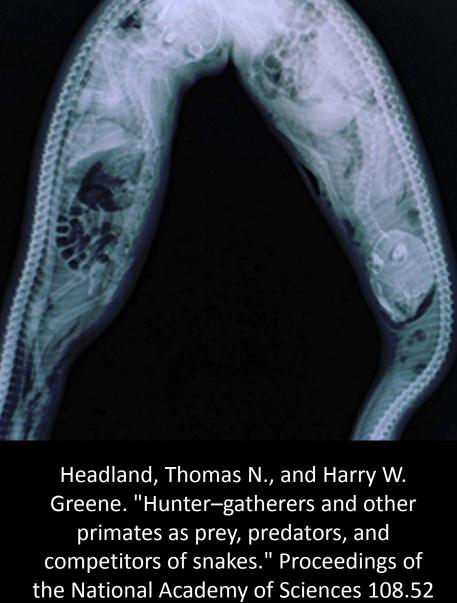
#### Predators



### First in Flight







(2011): E1470-E1474.

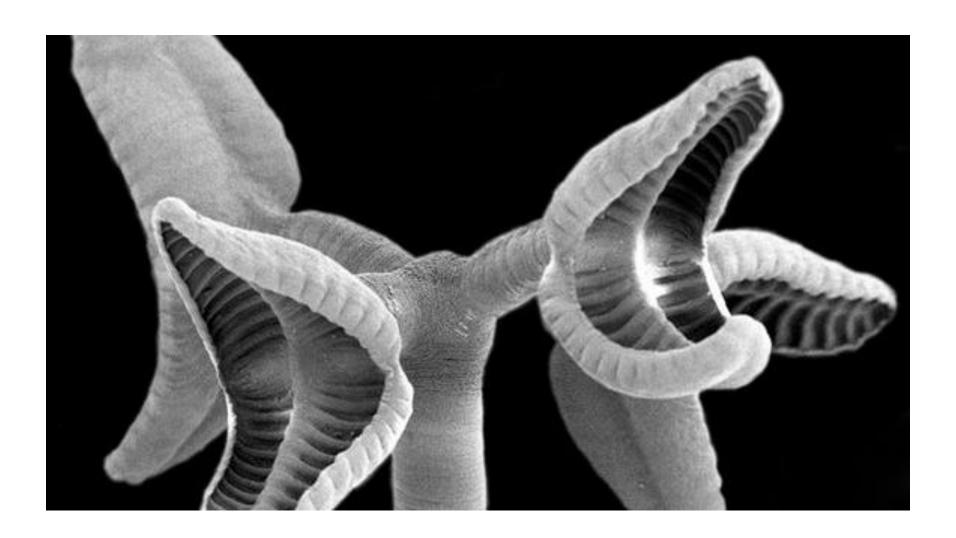


#### For predators...



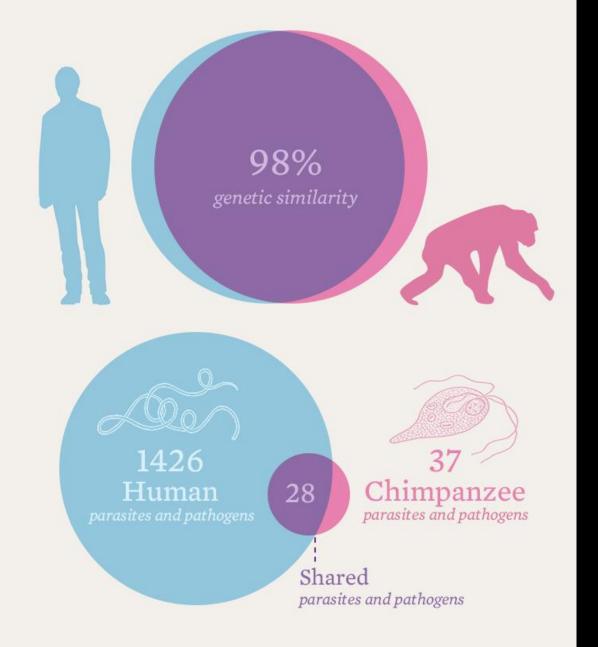
we have largely escaped, having killed off most of the most dangerous large species, a wonderful circus of monsters. But the influence of predators lurks in our language, in our fears, and in our anxieties.

#### Parasites and Pathogens

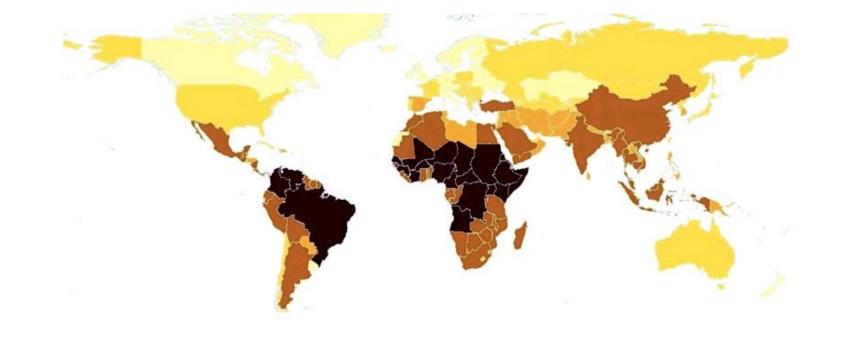


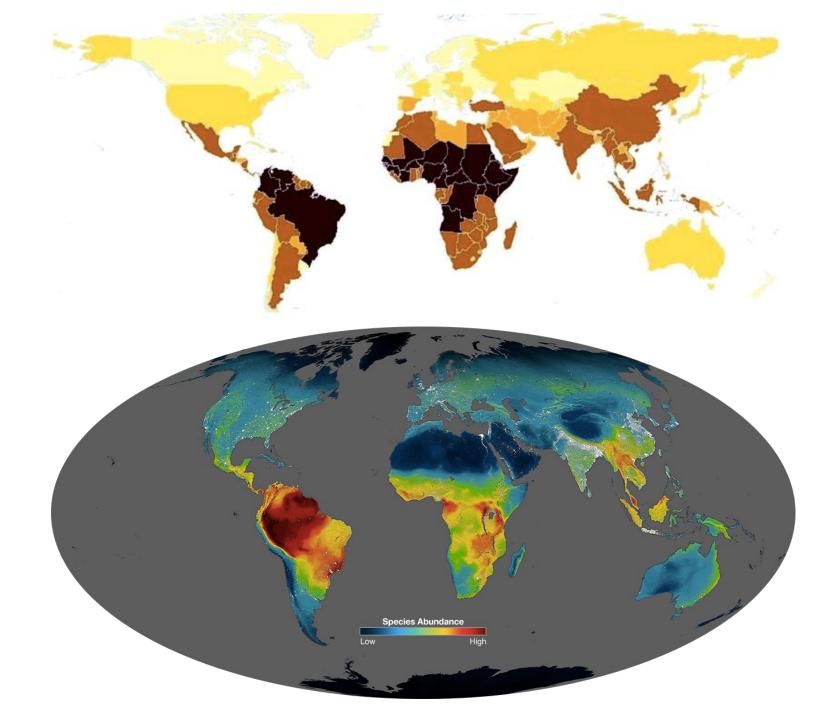
#### Parasites and Pathogens

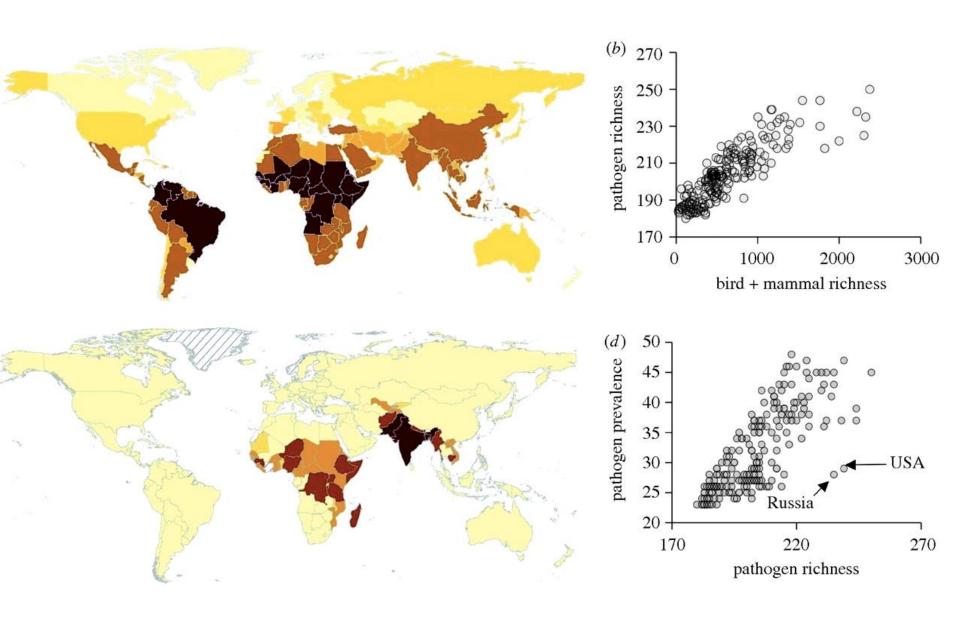
- In chimps about 50 species
- In modern humans about 2000 species (no official tally)
- Differences due to group size (initially), then domesticates, then spread to regions with new parasites and pathogens.

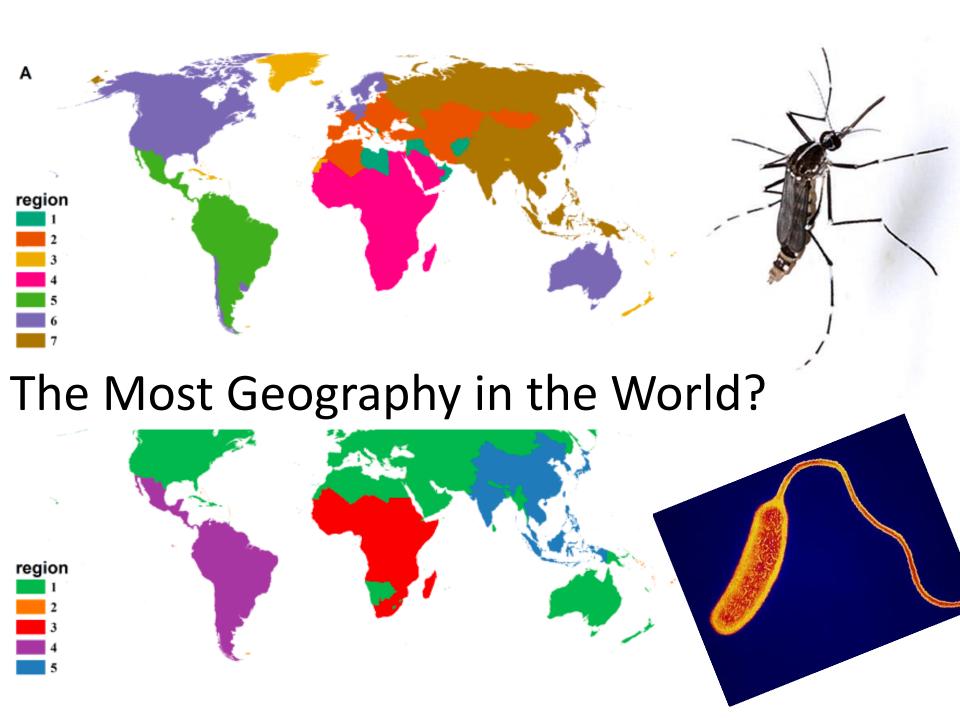


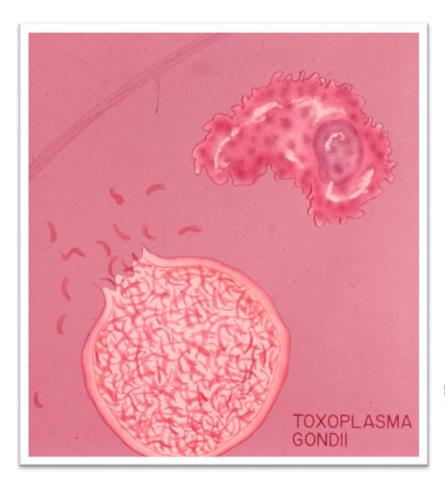
We're not as similar as you think

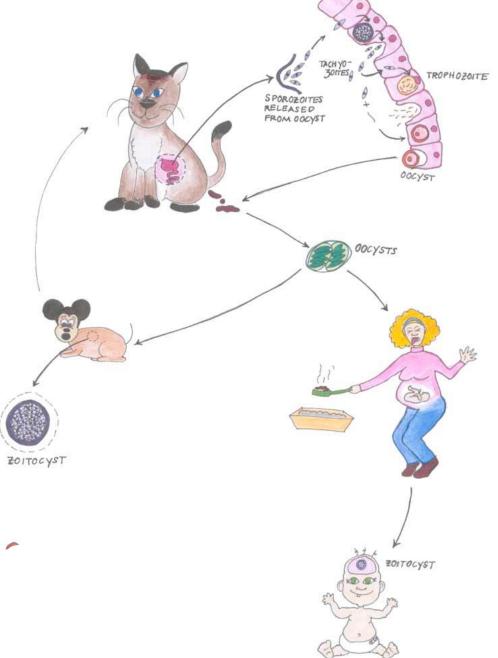






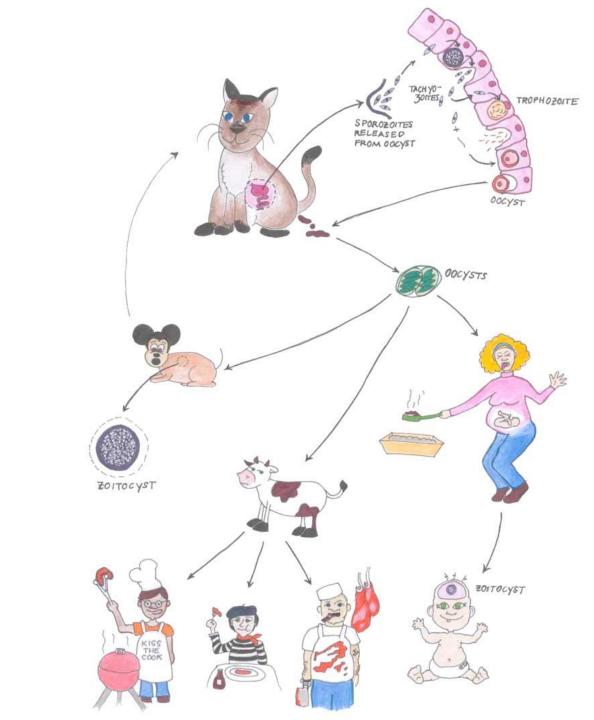


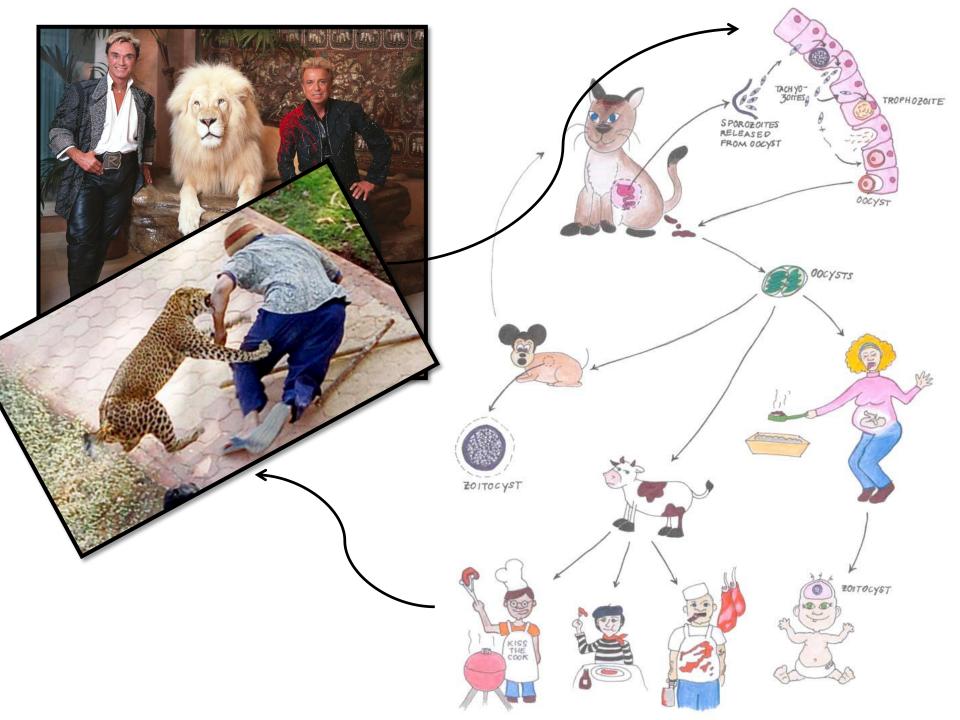




The Effects of Presence: *Toxoplasma gondii* makes rats and mice....

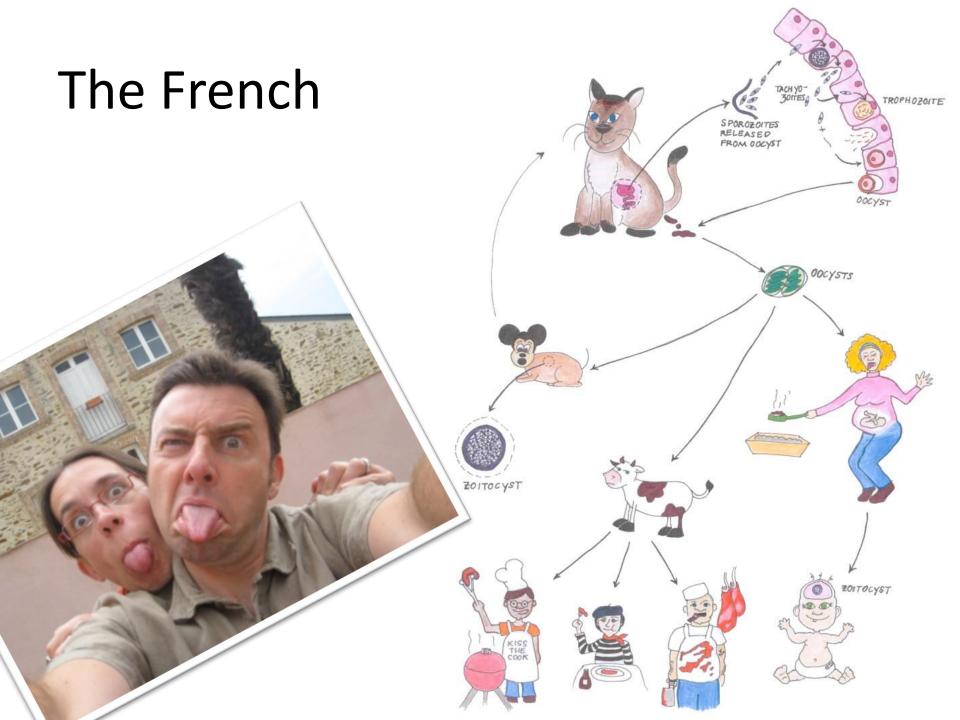
- Less scared
- Less vigilant of predators
- Attracted to the smell of cat pee
- More likely to get eaten by a cat
   (and hence fulfill the "wishes" of the parasite)





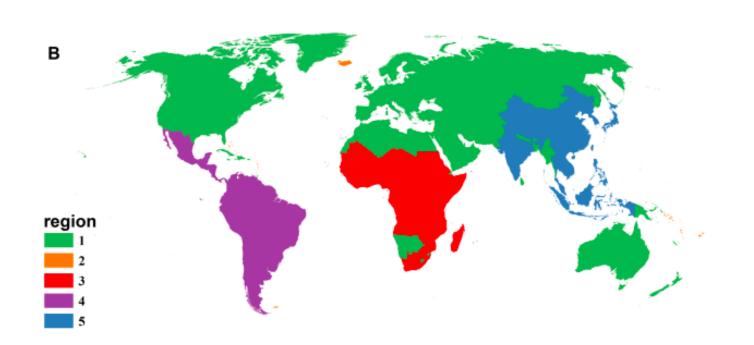
# But what happens to behavior when *Toxoplasma gondii* ends up in humans?

- "increased activity, decreased reaction times and altered personality profiles (Flegr and Hrdý 1994, Webster 2001, Flegr et al. 2002, 2003, Flegr 2007)
- 2.65 times more likely to be in car accidents than the general population (Flegr et al. 2002, Yereli et al. 2006, Kocazeybek et al. 2009).
- More likely to suffer schizophrenia
  - "a stronger association between schizophrenia and detection of *T. gondii antibodies (combined odds ratio* 2.73) than for any human gene (Purcell et al. 2009)."



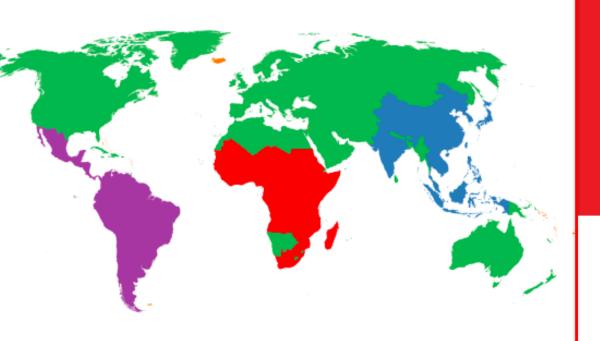
#### The Effects of Absence

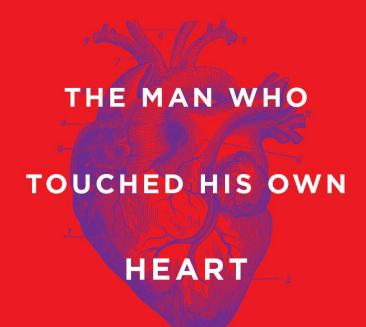
In developed countries we are different from any population of any species ever to live, not because of intelligence, or cleverness or brutality, but instead because we are missing our worms, for the first time in more than 100 million years.



# The Effects of Absence

And what is more striking, is that just before we lost many of these parasites and pathogen, we were not typical. We were more afflicted than are most species.





True Tales of Science, Surgery, and Mystery

ROB DUNN

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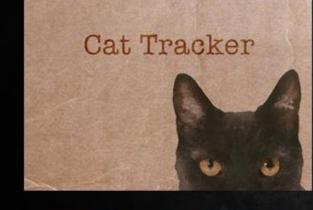
#### Micro-mutualists and commensals









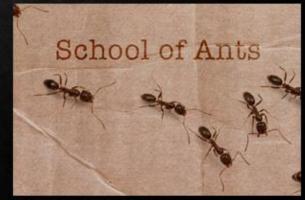










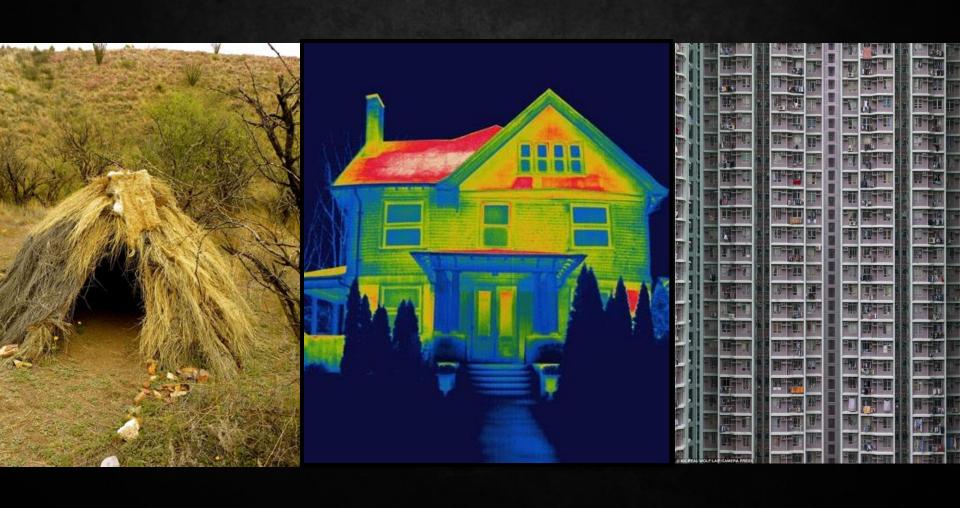


## An (in)sight

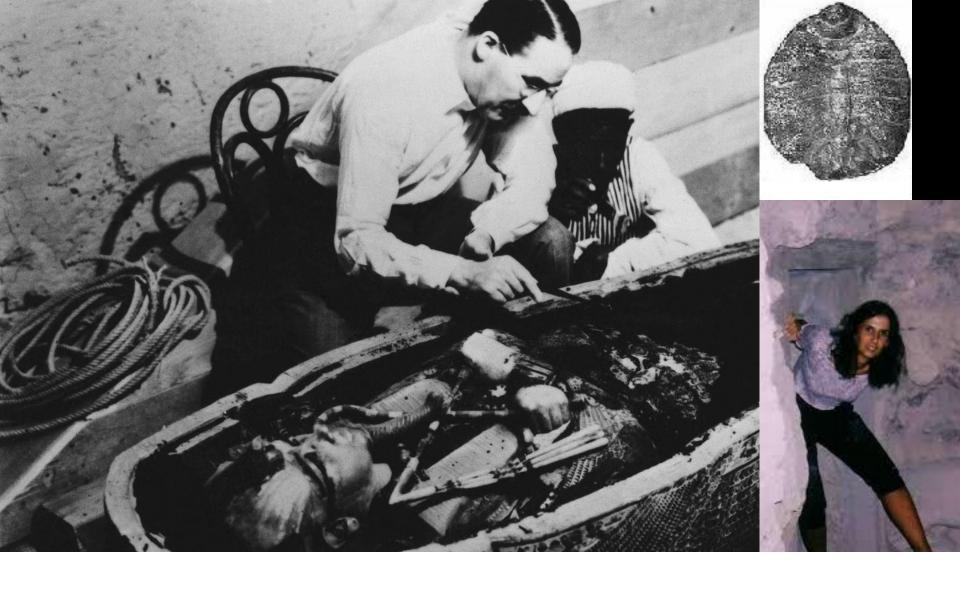




### 100,000 years







Eva, "Very few species will be found in modern houses"



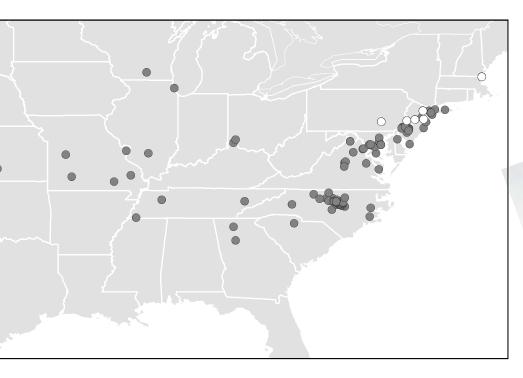






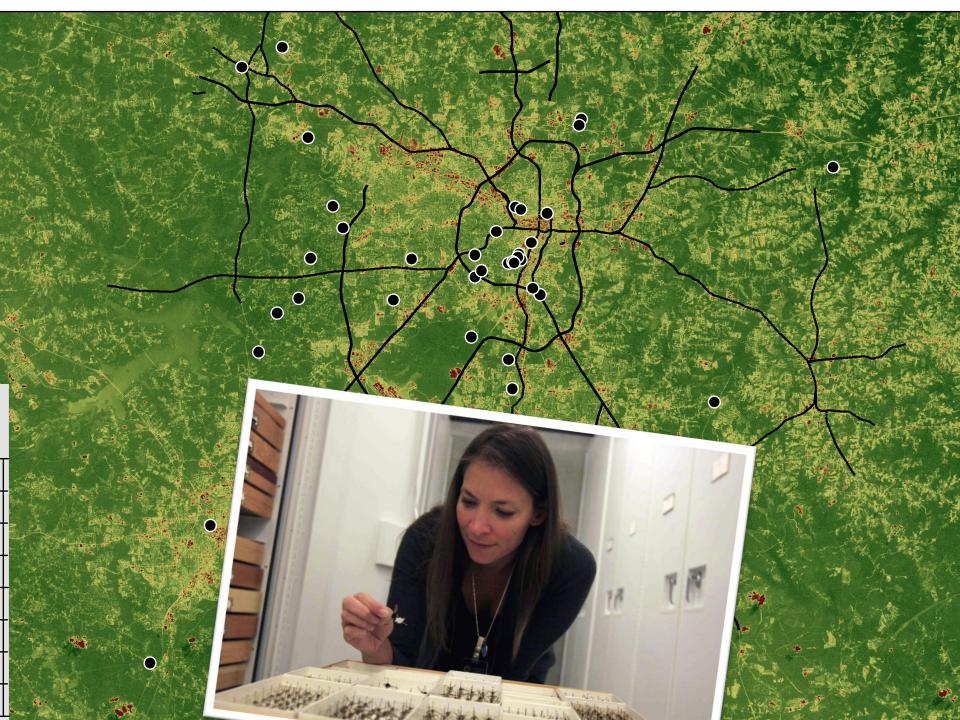


### Another species?





Diestrammena japanica









#### ARTHROPODS OF OUR HOMES













































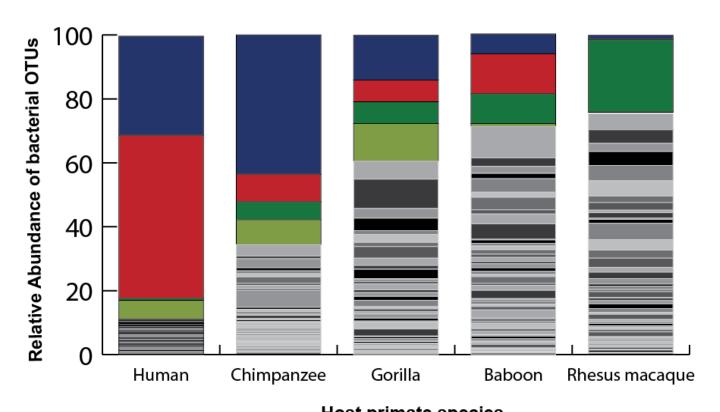
## Skin

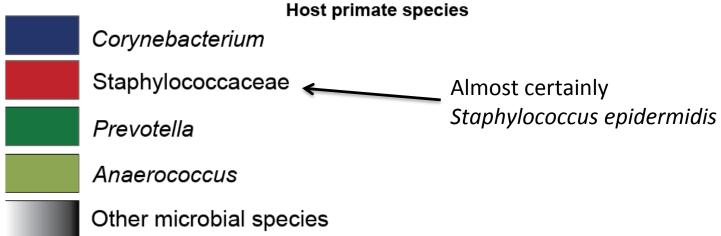


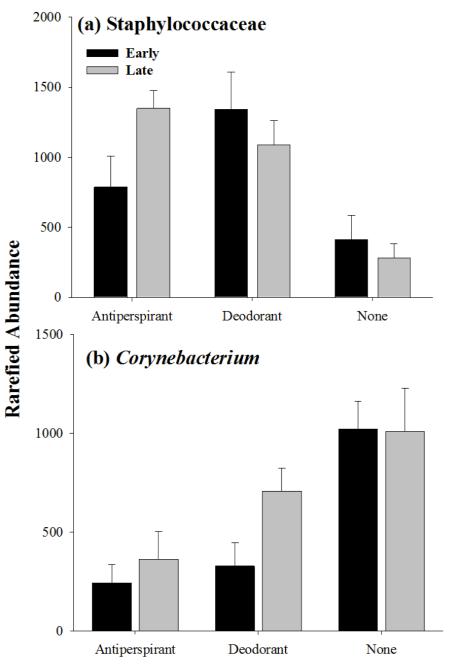


### Who cares? (sex, death, and repulsion)



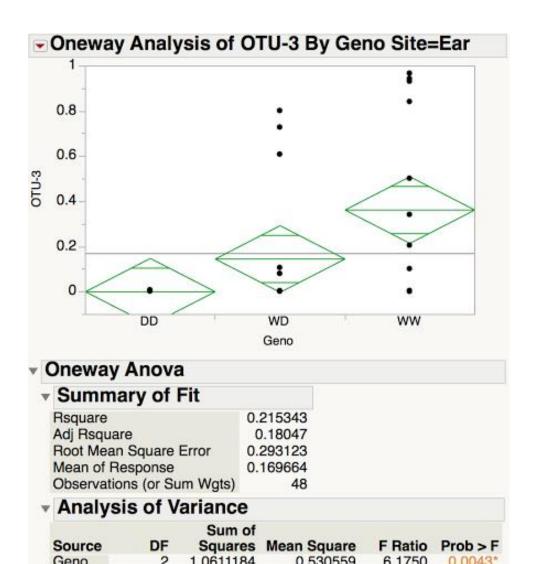






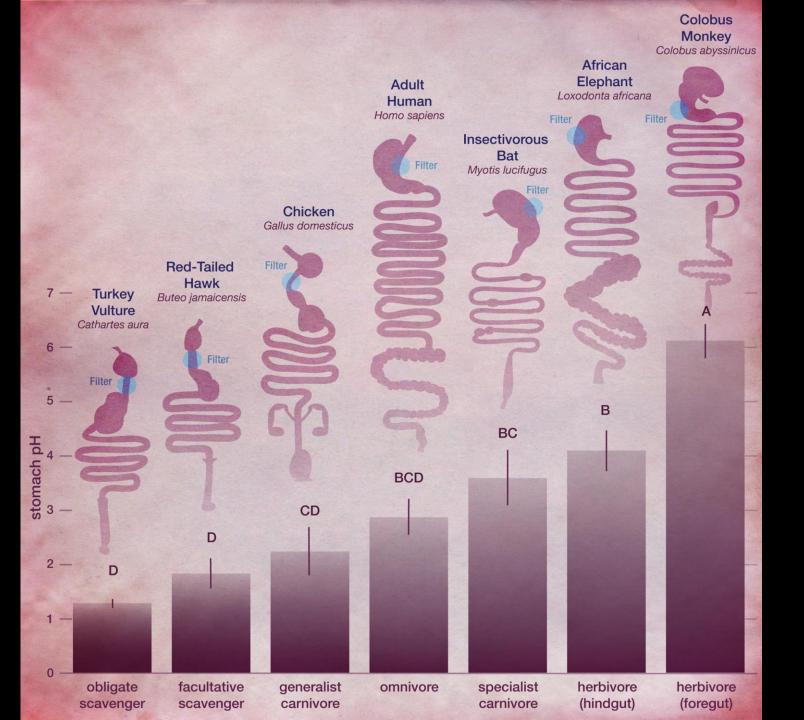
**Underarm Product Use** 

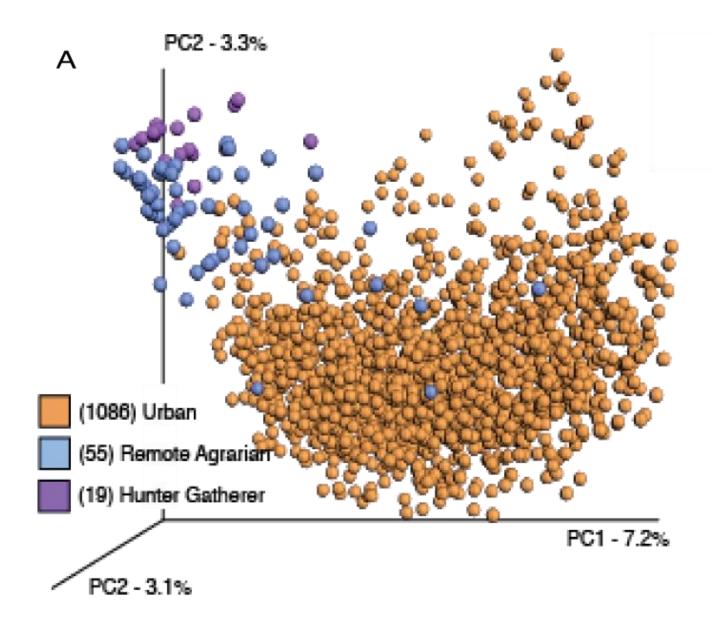
## Results so new that they are ugly



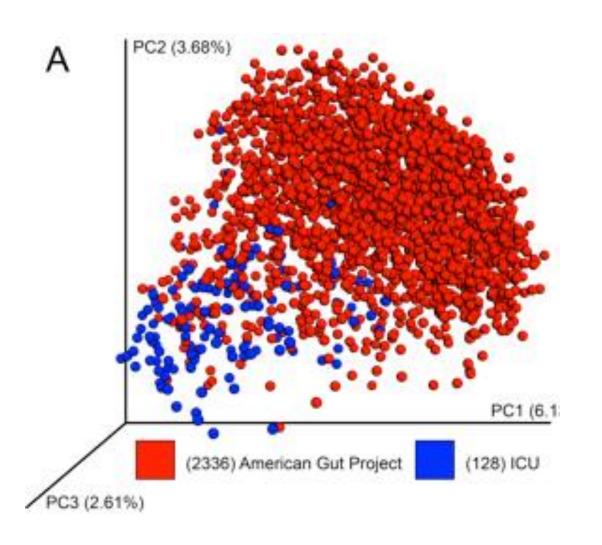
# Guts







# So far, for bacteria, lifestyle and genomes not geography



These lifestyle effects matter greatly to autoimmune disorders, to response to pathogens, and even for food.



#### Take home?

We have seen massive changed in the species associated with individual humans and humanity in general. These changes are geographically structured as a result both of history (be it ancient or modern) and climate. This matters because climate is changing. We assume (implicitly) the status quo in term of our interactions and the status quo is changing. These changes, most of them unstudied and hard to predict, we have the single largest impact on the future of humanity.

# The Metaphorical Fecal Transplant



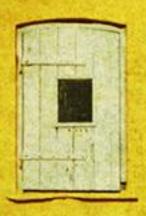
# In this picture, we imagine we are the ant







the biodiversity of our Bodies & Homes



Rob Dunn
North Carolina State
University

YourWildLife.org
@YourWild\_Life