



NC DEPARTMENT OF
**HEALTH AND
HUMAN SERVICES**

ROY COOPER • Governor

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2022-2023 School Year Diabetes Training in the School Setting: Resources for Charter Schools

Each charter school is required under [§ 115C-375.3](#) (SB 911 and SB 938) to provide care for students with diabetes in the manner described in statute. Compliance reporting is available in May and the **required** components are addressed through the following questions:

1. How many students with diabetes were enrolled in your LEA/charter school this past school year?
2. If one or more to #1: Does your LEA/charter school offer annual generalized diabetes training to school staff, system-wide?
3. If one or more to #1: Did your LEA/charter school have at least two persons who were intensively trained on diabetes care, in any school in which one or more students with diabetes were enrolled?
4. If one or more to #1: How many students with diabetes, upon notification and parental request, had an Individual Health Plan (IHP) completed by a school nurse or other medical professional in the past school year?

School Nurses (Registered Nurse) provide the instruction and support needed for compliance with these requirements. School resources to aid in fulfilling the requirements for schools that do not employ a School Nurse are provided below. These resources will assist the charter school in the care of students with diabetes. The American Diabetes Association (ADA) provides materials for school use that were also the basis for creating the North Carolina components of care required under [§ 115C-375.3](#) (SB 911 and SB 938). Forms for written care plans and other documents are available at <https://www.diabetes.org/resources/know-your-rights/safe-at-school-state-laws/written-care-plans>

Training videos and power point presentations are also at this site in addition to being posted on YouTube at <https://www.youtube.com/watch?v=ih1NXYx2k9g&feature=share&list=EC3DE9DDE8EB2A2E56>

These videos cover the required general information about diabetes and how to recognize signs of high and low blood sugar. Records of training should be maintained for compliance reporting. A School Nurse, Registered Nurse under NC requirements, assumes responsibility for working with the family and health care provider to put the Individual Health Plan in place and provide related training. In the absence of a school nurse, the plan should be completed by the student's health care provider with the input of the parents. The student specific intensively trained school staff persons, the health care provider and the family form a team in support of the diabetic student in school in the absence of a School Nurse. The statute directed intensively trained school staff persons also require individual student care instruction in procedures (such as blood glucose monitoring) and the health plan from qualified professionals. Suggestions for obtaining this instruction include the use of the student's health care provider and/or other locally available qualified individuals (explore potential options with LEA school nurses, local health department staff person, local medical center clinic, etc.)

The videos at the YouTube site are suitable for the two levels of care in schools as indicated.

Generalized Training and Intensive Training - Total Time Required, 20 minutes

Safe at School Introduction

Chapter 1, Diabetes Basics

Chapter 2, Diabetes Medical Management Plan

Chapter 3, Hypoglycemia

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AN EQUAL OPPORTUNITY / AFFIRMATIVE ACTION EMPLOYER

Chapter 4, Hyperglycemia
Chapter 12, Nutrition and Physical Activity
Chapter 13, Legal Considerations

Intensive Training Only - Select the Student Specific Insulin Method (8,9,10) – Total Time Required, 15 minutes

Chapter 5, Blood Glucose Monitoring
Chapter 6, Glucagon Administration
Chapter 7, Insulin Basics
Chapter 8, Insulin by Syringe and Vial
Chapter 9, Insulin by Pen
Chapter 10, Insulin by Pumps
Chapter 11, Ketones

The NC Division of Public Health's School Health Consultant Team is available for assistance related to resources for health care needs in charter schools.

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