

Chronic Condition Prevention and Management in Schools/Behavioral Health

Tier One: School/District Activities that Benefit All Students

- Environment
 1. General for School Staff – [NC Social and Emotional Learning & Educator Resources](#)
[Guidance to States and School Systems on Addressing Mental Health and Substance Use Issues in Schools](#)
- Education
 1. General for School Staff – [DPI School Mental Health Model Training Plan](#)
[University of Maryland School of Medicine/Maryland Behavioral Health](#): *Mental Health to Support Student Learning: Training Modules for Educators and School-based Staff*
[Classroom WISE](#): *Well-being Information and Strategies for Educators*
 2. Education for School Nurses- [Mental Health First Aid for Schools](#)
[University of Maryland School of Medicine/Maryland Behavioral Health](#): *Mental Health Training Intervention for Health Providers in Schools*
- Related School Wide Policies/Protocols
 1. [Management of Chronic Conditions in the School Setting](#)
 2. [School Health Program Manual, Section B, Chapter 6](#): *School Health Counseling and Mental Health Support*
 3. [NCDPI/Plan Components](#): *PSU Improvement Plan for SEL and School Mental Health*

Tier Two: Student Directed Activities with Behavioral Health Concerns

- Follow [School Nurse Case Management Process Model](#)
 1. Case find using physician orders, staff referrals, attendance records, school information forms, and student assessment
 2. Assess/Gather Information using subjective and objective data
 3. Nursing Judgement: Does the student need case management services based on findings? (Emergency Action Plan, Medication Orders, Crisis Response, Crisis Prevention and Intervention Plan, Staff Training, etc.)

Tier Three: Intensive Student Directed Activities with Behavioral Health Concerns

- Continue with [School Nurse Case Management Process Model](#)
 1. Develop a Plan of Care
 - a. NASN: [Mental Health/NASN Resources](#)
 - b. School Nursing/Chronic Conditions Case Management: [NC Plan of Care/Individualized Healthcare Plan Template](#)
 - c. [NASN: Principles for Practice, The Role of the Individualized Healthcare Plans \(IHPs\) in Care Coordination for Students with Chronic Health Conditions](#)
 - d. [Use of Individualized Healthcare Plans to Support School Health Services](#)
 2. Implement Plan
 3. Evaluate and Revise or Return Student to General School Health Services

Recommended Resources:

[NASN: The Behavioral Health and Wellness of Students](#) (Position Statement)
[NC Center for Safer Schools: School Suicide Prevention Toolkit](#)
[National Alliance on Mental Illness-Kids, Teens and Young Adults](#)

[SAMHSA: Suicide Safe Mobile App](#)
[MHTTC/South Southwest: School-wide Screening for Mental Health Concerns](#)
[Screening, Brief Intervention, and Referral to Treatment \(SBIRT\) - SAMHSA](#)