North Carolina Chronic Condition Prevention and Management in Schools/Severe Allergy

Tier One: School/District Activities that Benefit All Students

- Environment
 - 1. CDC Guidelines for Allergy Management in Schools
 - 2. Management of Other Allergy Types
- Education
 - 1. General for School Staff School Staff Training for Allergies: What School Staff Need to Know About Food Allergies
 - 2. Education for School Nurses NASN Epi-pen Training for School Nurses: Get Trained Module
 - 3. Implement Related Healthful Living Essential Standards Healthful Living Standards K-12
- Related School Wide Policies/Protocols
 - 1. Management of Chronic Conditions in the School Setting
 - 2. School Health Program Manual, Section D, Chapter 5 Medication Administration
 - 3. NASN Clinical Guidelines Medication Administration in Schools
 - 4. NC Board of Nursing Delegation to Unlicensed Assistive Personnel
 - 5. N. C. Epinephrine in Schools Law

Tier Two: Student Directed Activities with Severe Allergy Diagnosis

- Follow School Nurse Case Management Process Model
 - 1. Case find using physician orders, staff referrals, attendance records, school information forms, and student assessment
 - 2. Assess/Gather Information
 - 3. Nursing Judgment on Level of Student Need Does the student need case management services based on findings?
 - a. Develop and Implement appropriate Emergency Action Plan, Medication Orders, and serve through general school health services if case management not indicated.

Tier Three: Intensive Student Directed Activities with New or Uncontrolled Severe Allergy Diagnosis

- Continue School Nurse Case Management Process Model
 - 1. Develop Plan of Care
 - a. NASN Guidelines Guidelines for Managing Allergy and Anaphylaxis
 - b. School Nursing/Chronic Conditions Case Management: NC Plan of Care/Individualized Healthcare Plan Template
 - c. NASN- Severe Allergy Care Plan Checklist
 - d. Use of Individualized Healthcare Plans to Support School Health Services
 - 2. Implement plan
 - 3. Evaluate and revise or return student to general School Health Services (Tier Two)

Recommended Resources:

Chronic Conditions in Schools (CDC)

Managing Chronic Health Conditions in Schools (AAP) Order Here

Allergy and Anaphylaxis Resources (NASN)

Allergy Information for Educators

Selekman, J., Shannon, R. A., & Yonkaitis, C. F. (2019). School Nursing: A Comprehensive Text (3rd ed.). Philadelphia, PA: F. A. Davis.